

# Gender Identity and Gender Expression Policy

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## Gender Identity and Gender Expression Policy

#### 1 Introduction

Galway Educate Together Secondary School aims to provide an inclusive environment which promotes equality, values diversity and is committed to maintaining an environment of dignity and respect where all students can develop to their full potential.

This policy outlines the school's formal commitment to recognise and support an individual's gender identity and gender expression so that all members of the school community experience a positive tolerant environment where every member is treated with dignity and respect.

This document constitutes the current Gender Expression and Gender Identity Policy of Galway Educate Together Secondary School in conformity with the requirements of the: Employment Equality Act, 1998 to 2011; the Equal Status Acts, 2000 to 2012, and the Gender Recognition Act, 2015 which provides legal recognition through self-determination for those over 18 and for individuals aged 16/17 with parental consent.

Please note: This policy is based on education and encourages inclusion around gender identity. In some cases, mistakes may be made around a person's chosen name and/or pronoun without the intention of hurting a Trans\* person. With these cases, Galway Educate Together Secondary School will use the Restorative Practice Approach.

#### 1.1 Definitions

- Trans\*: An umbrella term which can be used without offence for people whose gender identity
  and/or gender expression differs from that which is usually associated with the sex assigned to
  them at birth. This term can include diverse identifications such as: transgender, androgynous,
  agender, gender neutral, intersex, non-binary, genderqueer, gender variant or differently
  gendered.
- Intersex: An umbrella term used for a variety of conditions in which a person is born with reproductive or sexual anatomy that does not fit the typical definitions of female or male.
- Sex: The designation of a person at birth as male or female based on their anatomy (genitalia and reproductive organs) or biology (chromosomes and hormones).
- Gender Identity: A person's deeply felt identification as male, female, or some other gender. This may or may not correspond to the sex they were assigned at birth.
- Gender Expression: The external manifestations of a person's gender identity. Gender can be
  expressed through mannerisms, grooming, physical characteristics, social interactions and
  speech patterns, etc.

## 1.2 Context and Legislation

This policy is developed in the context of the Employment Equality Acts 1998-2011, Equal Status Acts 2000-2012 and Gender Recognition Act 2015-2018 which prohibit direct and indirect discrimination, sexual harassment, harassment and victimisation in relation to nine equality grounds including gender. The gender ground protects Trans\* persons from sex discrimination, that is, discrimination arising from gender identity and gender expression.

The Employment Equality Acts prohibit discrimination in employment – including recruitment, promotion, pay and other terms and conditions of employment. The Equal Status Acts prohibit discrimination in access to and provision of services, accommodation, and educational establishments.

The Gender Recognition Act 2015 which legally recognises & protects the rights and supports the wellbeing of Trans\* people.

### 1.3 Scope

This policy applies to:

- All student applicants and students and staff.
- All members of our community aswell as visitors or contractors of Galway Educate Together Secondary School.

All members of the school community share the right to protection under this policy and carry a responsibility for ensuring the policy is adhered to.

In particular, this policy includes conduct that takes place on site, at functions and activities where one is representing the school. This policy also pertains to usage of electronic technology and electronic communication that occurs in the above locations and situations.

This works in conjunction with Galway Educate Together Secondary School's Code of Positive Behaviour, Acceptable Use Policy, Anti Bullying Policy and Restorative Practice Policy.

#### 2 Statement of Commitment

Galway Educate Together Secondary School will treat all Trans\* people with dignity and respect and seek to provide a work and learning environment free from discrimination, harassment or victimisation. Galway Educate Together Secondary School:

- Is committed to non-discrimination (direct or indirect) on the grounds of gender identity and gender expression.
- Supports an inclusive environment of dignity and respect where everyone can develop their full potential. Galway Educate Together Secondary School does not tolerate harassment or bullying of any members of the school community on the basis of gender identity and expression.
- Respects the privacy of all trans\* individuals and will not reveal information related to their trans\* status without their prior agreement.
- Seeks to provide a supportive environment for all members of our school community.
- Supports an environment in which trans\* individuals who choose to be open about their gender identity feel respected and safe.
- Supports and is committed to providing reasonable accommodations for students trans\* needs.
- Encourages and facilitates staff training and awareness to ensure a supportive environment.

## 2.1 Roles, Rights and Responsibilities

#### As a Trans\* individual you have a right to:

- Openly be who you are. This means expressing your gender identity without fear of consequences (with consent of your parents if under 18).
- Be treated with fairness, dignity and respect.

- Privacy and appropriate confidentiality of records. Disclosure of information will only happen with consent of parents or guardians.
- Equal access to education, services, activities and facilities in school.

#### If you wish to disclose or avail of school supports as a Trans\* individual, you have a responsibility toL

• Inform the school of any support needed as soon as possible to allow appropriate arrangements in a timely fashion.

#### Galway Educate Together Secondary School as a right to:

 Request you to provide information to establish the nature of reasonable arrangements to be put in place.

#### Galway Educate Together Secondary School as a right to:

- Oversee the implementation of the school policy in relation to gender identity and gender expression in a fair and transparent manner.
- Take all reasonable steps to provide appropriate support and arrangements for trans\* individuals.
- To develop best practice and policy in line with legislation.
- To raise awareness and to provide advice and training on gender identity and expression to staff and students within the school.

#### 3 Non-Discrimination

Under the Employment Equality Acts 1998-2011 and Equal Status Acts 2000-2012 discrimination, harassment, and victimisation, on the basis of gender, which encompasses gender expression and gender identity, is unlawful. Discrimination is defined as the treatment of a person in a less favourable way than another person is, has been, or would be treated in a comparable situation on any of the nine grounds which exists, existed, may exist in the future, or is imputed to the person concerned.

Some indicative examples of unlawful discrimination include:

- Refusing education, services or support on the basis of gender expression or gender identity.
- Verbal or physical threats, harassment, or malicious gossip.
- Refusing to address a person by their preferred gender pronoun or new name, unless previously discussed with student and/or student's parent(s)/guardian(s).
- Revealing the trans\* status of a person to others without their explicit consent, excluding exceptional circumstances detailed in the Confidentiality section.

## 4 Dignity and Respect

Galway Educate Together Secondary school promotes and is committed to supporting an environment which is free from bullying, sexual harassment and other forms of harassment.

Galway Educate Together Secondary school will not tolerate harassment or bullying of students, staff or other members of the school community.

## 5 Confidentiality and Privacy

All persons have a right to privacy, and this includes the right to keep one's trans\* status private. Each individual has the right to privacy. All information disclosed relating to a person's gender identity and expression will be treated as confidential. Confidential information will only be disclosed with the person's prior consent.

The principle that no confidential information will be passed on to the third parties without the express permission of the individual concerned applies unless there is a serious concern that there may be a threat to the safety or life of the individual or is otherwise required by operation of law.

Information held by the school complies with the requirements of the Data Protection Act and the Freedom of Information Act relevant to school policies. In order to comply with the above principles, staff must take all necessary precautions to ensure the safe-keeping and accuracy of all records containing personal information.

Where information is recorded or shared, the terminology used must be respectful. This guide may be used as a guide for what is acceptable language.

## 6 Transitioning

Galway Educate Together Secondary School is aware that a transition may not be applicable, necessary or desirable for all trans\* individuals for a variety of reasons.

A social transition is a period of time in which a person may change aspects of their gender expression to align with their gender identity such as a name and pronoun change, change of clothes, change in use of facilities.

If a student wishes to begin a social transition they should contact the following to arrange a meeting with their Tutor or the Guidance Counsellor to discuss in confidence how they wish to deal with their transition and to agree a process with which they are comfortable. A very important element of this meeting will be to determine who should be told what and when and how this should occur. It can be helpful to draw up a confidential transition plan for the period of transition and thereafter. The implementation of the plan should be reviewed regularly and reassessed at each significant part of the process.

If a staff member wishes to begin a social transition they should contact the principal to arrange a meeting to discuss in confidence how they wish to deal with their transition and to agree a process with which they are comfortable.

#### 7 Practical Considerations

Some practical considerations will arise when a person is transitioning, for example, changing and bathroom facilities, and accommodations for overnight trips. See Appendix 2 for guidance on practical considerations and how to promote trans\* equality within school.

Please note that when a person transitions to live in the gender in which they identify, they will normally use the facilities appropriate for their identified gender or may require a gender neutral/universal access option.

## 7.1 Training and Awareness Raising in School

Galway Educate Together Secondary School will provide education for staff and students in order to ensure the implementation of this policy. Awareness will be incorporated in relevant training programmes for staff and students including equality and diversity training, and staff and student support training.

#### 7.2 Forms and Records

Please note that everyone has the right to be addressed by their preferred name and pronoun with consultation with the person and/or the student's parent(s)/guardian(s). A legal name or gender change is not required, and the individual need not change their official records.

## 8 Complaints Procedures

Bullying or harassment and complaints alleging discrimination based on a person's actual or perceived gender identity or expression will be taken seriously and will be dealt with under the school Dignity and Respect Policy.

To identify an individual as trans\* to a third party without the individual's permission (i.e. to 'out' someone) is a form of harassment. The aim of this policy is to promote a working and learning environment in which harassment and bullying are known to be unacceptable and where individuals have the confidence to deal with harassment and bullying without fear of victimization.

For complaints of discrimination under the Equal Status Acts there is a requirement for a written notification to the person against whom the complaint is being made within 2 months of the most recent occurrence of the incident; a six-month time limit for raising a complaint with the Equality Tribunal applies.

Normal staff and student complaint procedures apply.

Please Note: This policy is based on education and encourages inclusion around gender identity. In some cases, mistakes may be made around a person's chosen name and pronoun without the intention of hurting a Trans\* person. With these cases, Galway Educate Together Secondary School will work with individuals using the Restorative Practice Approach.

## 9 Policy Review Procedures

This policy shall complement existing policies adopted by the school, particularly the Anti Bullying Policy. It shall be subject to continuous assessment and evaluation and shall be reviewed at least once every three years.

The implementation of this policy entails considering the impact of other policies on trans\* people and members of our community.

## **Appendices**

#### Appendix 1: Flowcharts and Checklists for Transition

It is important to note that each individual will have a different approach to their transition. Some may want to change their entire record, yet others may not wish to do so and (name of school) will respect and support individual's choices and wishes. If someone does not wish to change their record, some of the actions below may not apply. This flowchart is only a guideline and all cases will be treated individually.

The individual decides to transition

The individual approaches a tutor/guidance counsellor from GETSS in confidence and goes through the transition checklist using it to develop a transition action plan. Where possible the student will meet with the principal and their parents to create this plan.

Actions are taken according to the agreed action plan.



- Update student records,
- Inform other staff and students (in agreement with the student)
- Provide supports and reasonable arrangements (if necessary)
- Identify training needs among staff and request training if necessary



Ongoing support for the Tran\*s individual will be provided as necessary.

#### :Timescale

What will be the timeline of transition?	
What will be the date for;	
- Name/pronoun changes?	
<ul> <li>Use of facilities (toilets, changing rooms)?</li> </ul>	
- Change of records?	
- Change of clothing?	
Which identifications/ records need to be changed?	

## **Supports during Transition and after**

Who will need to be informed, and what level of information should be provided, in order to offer support and arrangements during the transition process? (Informing staff first, then possibly students if deemed necessary)	
If the individual experiences effects from any medication what accommodations may be needed?	
Continual support. Who will be the go-to person for checking in with individuals in order to make sure their needs are being met and they are not experiencing any bullying or harassment? Let the student choose who their go to person is.  How often will the check in happen? Initially perhaps once a week, then once every two weeks, after that possibly once in a while etc.  To be decided with the student.	

## **Training and Awareness**

Will there be a need to arrange training?	
Who will deliver this training?	
What will the training cover?	

## Appendix 2: Promoting trans\* equality within schools: Overnight Accommodation and other Practical Considerations

#### Accommodation for overnight trips for students

In providing accommodation for students, any special issues which may be raised in relation to trans\* students will be treated sympathetically by the school.

Due to the age of students and in line with Child Protection policies, schools do not provide mixed gender accommodation.

The principal will liaise with the individual and their parents/guardians ensuring the best possible arrangement for the individual. This will most likely involve a number of factors such as:

Has the individual friends who wish to share accommodation?

- Which accommodation is most appropriate for each given situation? (Ensuites, numbers in the accommodation, age profile etc)
- Who needs to be informed, if any (with the permission of the individual)
- A teacher/adult should be placed in a room close by for safeguarding of the individual

#### **Facilities**

When a person transitions they will normally use the facilities (e.g. bathroom and changing rooms) appropriate for their identified gender.

#### Toilets and Changing rooms:

The use of changing rooms should be considered carefully and in consultation with the individual and their parents/guardians. It may be necessary to explain the situation to other students but only after consultation with the person who is transitioning.

• The safeguarding of the individual is paramount and must be considered when thinking about which toilet/changing is most appropriate.

#### Appendix 3 – Guidance to Staff and Students on Supporting trans\* Individuals.

- Think of the person as being the gender that they want you to think of them as.
- Use the name and pronoun that the person asks you to. If you aren't sure what the right pronoun is, ask. If you make a mistake with the pronouns, correct yourself and move on.
- Respect people's privacy. Do not ask what their 'real' or 'birth' name is. Trans people are often sensitive about revealing information about their past, especially if they think it might affect how they are perceived in the present.
- Similarly, respect their privacy. Do not tell others about a person's trans\* status. If documents have to be kept that have the person's old name and gender on them, keep them confidential.
- Respect people's boundaries. If you feel it is appropriate to ask a personal question, first ask if it is ok to do so. Personal questions include anything to do with one's sex life, anatomy (not just genitalia) and relationship status past, present or future. Questions such as 'Are you on hormones?' can be considered personal.
- Listen to the person and ask how they want to be treated and referred to. (Extract from the Equality Challenge Unit: Trans Staff and Students in Higher Education: 2010).