

New Beginnings

A Student's Guide to Navigating



GALWAY 

EDUCATE TOGETHER SECONDARY SCHOOL

Jauni sākumi

Studenta ceļvedis navigācijā



GALWAY 

EDUCATE TOGETHER SECONDARY SCHOOL

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Saturs



Laipni lūdzam GETSS

Skolas diena — stundu saraksti, pusdienas/pārtraukumi, pulciņi, apmeklējums/punktualitāte

Ceļa atrašana — kartes, klases plānojums, tualetes, skolas transports

Atbalsts skolā — skolotāju attēli un vārdi, mācību atbalsts

- Jūsu mācības - pasniedzējs, pamatpriekšmeti, īsie kursi, izvēles priekšmeti (ievadprogramma)

Sakārtošanās — jūsu soma, jūsu skapītis, mans penālis, mācību priekšmetam specifiskās prasības

Mācības mājās — mācību simboli, dienasgrāmata, iPad/lietotņu simboli

Rūpes par mūsu skolu - Pārstrāde, vienreizlietojamā plastmasa

Studentu balss

Mājas

Ko man darīt, ja...?

Kā sagatavoties vidusskolas beigšanai vasaras brīvlaikā

Padomi no mūsu pašreizējiem studentiem



Welcome

This is a very exciting and busy time as you start on the newest chapter of your life. The information in this booklet should help you to manage your transition into post primary school. Starting secondary school might not always be easy, but it will be such a worthwhile and important time of growth and development in your life. Learn as much as you can, work hard, and try your very best to enjoy every moment.

This is a '**Transition booklet**' and you can use it both at school and at home. It will hopefully explain a lot about secondary school and answer some of your questions as well as help to prepare you for all the exciting changes ahead.



Welcome

Šis ir ļoti aizraujošs un aizņemts laiks, jo jūs sākat jaunāko savas dzīves nodaļu. Šajā brošūrā sniegtā informācija palīdzēs jums pārvaldīt pāreju uz pēcpamatskolu. Vidusskolas gaitu uzsākšana ne vienmēr var būt viegla, taču tas būs tik vērtīgs un svarīgs izaugsmes un attīstības laiks jūsu dzīvē. Mācieties, cik vien varat, cītīgi strādājiet un dariet visu iespējamo, lai izbaudītu katru mirkli.

Šī ir "Pārejas brošūra", un to var izmantot gan skolā, gan mājās. Cerams, ka tā daudz ko izskaidros par vidusskolu un atbildēs uz dažiem jūsu jautājumiem, kā arī palīdzēs jums sagatavoties visām aizraujošajām pārmaiņām, kas jūs sagaida.



The School Day



Our school day at Galway Educate Together Secondary School starts at 8.30am. On **Mondays** and **Wednesdays** we finish at 3.40pm. On **Tuesday**, **Thursday** and **Friday**, school finishes at 2.30pm. Each class lasts for 1 hour, except for tutor which is 15 minutes each morning. We take a **15 minute break** at 10.45am and a longer **lunch break** at 1pm for 30 minutes. You will have a slightly longer lunchtime of 40 minutes on a **Monday** and **Wednesday**.

Duration	Monday	Tuesday	Wednesday	Thursday	Friday
15 mins	Tutor	Tutor	Tutor	Tutor	Tutor
1 hour	Class 1	Class 1	Class 1	Class 1	Class 1
1 hour	Class 2	Class 2	Class 2	Class 2	Class 2
15 mins	Break	Break	Break	Break	Break
1 hour	Class 3	Class 3	Class 3	Class 3	Class 3
1 hour	Class 4	Class 4	Class 4	Class 4	Class 4
30/40 mins	Lunch (40 mins)	Lunch (30 mins)	Lunch (40 mins)	Lunch (30 mins)	Lunch (30 mins)
1 hour	Class 5	Class 5	Class 5	Class 5	Class 5
1 hour	Class 6	Clubs	Class 6	Clubs	

Skolas diena



Mūsu skolas diena Galway Educate Together vidusskolā sākas plkst. 8.30. Pirmdienās un trešdienās mēs beidzam plkst. 15.40. Otrdienās, ceturtdienās un piektdienās skola beidzas plkst. 14.30. Katra nodarbība ilgst 1 stundu, izņemot audzinātāja nodarbību, kuras ilgums ir 15 minūtes katru rītu. Mēs ietūram 15 minūšu pārtraukumu plkst. 10.45 un garāku pusdienu pārtraukumu plkst. 13.00 uz 30 minūtēm. Pirmdienās un trešdienās jums būs nedaudz garāks pusdienu pārtraukums - 40 minūtes.

Duration	Monday	Tuesday	Wednesday	Thursday	Friday
15 mins	Tutor	Tutor	Tutor	Tutor	Tutor
1 hour	Class 1	Class 1	Class 1	Class 1	Class 1
1 hour	Class 2	Class 2	Class 2	Class 2	Class 2
15 mins	Break	Break	Break	Break	Break
1 hour	Class 3	Class 3	Class 3	Class 3	Class 3
1 hour	Class 4	Class 4	Class 4	Class 4	Class 4
30/40 mins	Lunch (40 mins)	Lunch (30 mins)	Lunch (40 mins)	Lunch (30 mins)	Lunch (30 mins)
1 hour	Class 5	Class 5	Class 5	Class 5	Class 5
1 hour	Class 6	Clubs	Class 6	Clubs	

The School Day

Your Timetable



Your Timetable

One of the first pieces of information you will be given in September will be your timetable. It can look a little confusing in the beginning, but that is because it contains a lot of useful information; once you understand it, it will be easier to read.

Your timetable is very important because it not only tells you which lessons you will have that day but it also gives you a clue about the equipment you will need to pack in your bag the night before. It also tells you what time each lesson starts and finishes and in which room they will take place. If you haven't got a watch yet, it might be a good idea to buy one to practice telling the time and getting to places on time. There will be a clock in every classroom if you don't have a watch.



Stick a copy of your timetable on your bedroom wall at home as well as in your locker and journal at school. This will help you to be more organised.

Skolas diena

Jūsu grafiks



Jūsu grafiks

Viena no pirmajām informācijas daļām, ko saņemsiet septembrī, būs jūsu stundu saraksts. Sākumā tas var šķist nedaudz mulsinošs, bet tas ir tāpēc, ka tajā ir daudz noderīgas informācijas; kad to sapratīsiet, to būs vieglāk lasīt.

Jūsu stundu saraksts ir ļoti svarīgs, jo tas ne tikai norāda, kuras stundas jums būs tajā dienā, bet arī sniedz pavedienu par aprīkojumu, kas jums jāiepako somā iepriekšējā vakarā. Tas arī norāda, cikos katra nodarbība sākas un beidzas, un kurā telpā tā notiks. Ja jums vēl nav pulksteņa, varētu būt ieteicams to iegādāties, lai vingrinātos noteikt laiku un laikus nokļūt vietās. Ja jums nav pulksteņa, katrā klasē būs pulkstenis.



QUICK
TIPS

Pielīmējiet sava stundu saraksta kopiju pie guļamistabas sienas mājās, kā arī savā skapītī un dienasgrāmatā skolā. Tas palīdzēs jums būt organizētākam.

The School Day

Your Timetable



Usually the timetable will also let you know which teacher you will have for each subject. Instead of just one teacher, you're going to have to get used to five or more different people being in charge of your class! Often, the timetable will have the teacher's name under the name of the lesson or room number. You can see where your teacher's name would usually be found in the sample timetable above, written in green.

You will probably have 5 or 6 different subjects every day and some will be in special rooms. For example, Science will take place in the lab and Art will take place in the Art Room. You can see where the room name/number for each subject would usually be found in the sample timetable above, written in purple.

Following the timetable will help you to stay organised.

Skolas diena

Jūsu grafiks



Parasti stundu sarakstā ir norādīts arī tas, kurš skolotājs jums būs katrā priekšmetā. Viena skolotāja vietā jums būs jāpierod pie pieciem vai vairāk dažādiem cilvēkiem, kas vadīs jūsu klasi! Bieži vien stundu sarakstā skolotāja vārds ir norādīts zem stundas nosaukuma vai telpas numura. Iepriekš redzamajā parauga stundu sarakstā varat redzēt, kur parasti atrodams jūsu skolotāja vārds, kas ir rakstīts zaļā krāsā.

Tev, iespējams, katru dienu būs 5 vai 6 dažādi priekšmeti, un daži no tiem atradīsies īpašās telpās. Piemēram, dabaszinības notiks laboratorijā, bet māksla — mākslas telpā. Katra priekšmeta telpas nosaukumu/numuru var redzēt iepriekš redzamajā parauga stundu sarakstā, kas ir attēlots violetā krāsā.

Sekošana grafikam palīdzēs jums saglabāt organizētību.

The School Day

Your Timetable



Below is a picture of what your timetable might look like:

	Tutor	1	2		3	4		5	6	
Monday	8.30 – 8.45	8.45- 9.45	9.45- 10.45	15 min BREAK (10.45- 11.00)	11.00- 12.00	12.00- 13.00	LUNCH (13.00- 13.30/13.40)	13.40- 14.40	14.40- 15.40	
	TUTOR	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER		SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER		SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER
Tuesday	8.30 – 8.45	8.45- 9.45	9.45- 10.45		SUBJECT ROOM NO. TEACHER	12.00- 13.00			13.30- 14.30	
	TUTOR	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER		SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER			SUBJECT ROOM NO. TEACHER	
Wednesday	8.30 – 8.45	8.45- 9.45	9.45- 10.45		SUBJECT ROOM NO. TEACHER	12.00- 13.00			13.40- 14.40	14.40 - 15.40
	TUTOR	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER		SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER		
Thursday	8.30 – 8.45	8.45- 9.45	9.45- 10.45	SUBJECT ROOM NO. TEACHER	12.00- 13.00		13.30- 14.30			
	TUTOR	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER		SUBJECT ROOM NO. TEACHER			
Friday	8.30 – 8.45	8.45- 9.45	9.45- 10.45	SUBJECT ROOM NO. TEACHER	12.00- 13.00		13.30- 14.30			
	TUTOR	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER		SUBJECT TEACHER ROOM			

Skolas diena

Jūsu grafiks



Zemāk ir attēls, kurā parādīts, kā varētu izskatīties jūsu stundu saraksts:

	Tutor	1	2		3	4		5	6
Monday	8.30 – 8.45	8.45- 9.45	9.45- 10.45	15 min BREAK (10.45- 11.00)	11.00- 12.00	12.00- 13.00	LUNCH (13.00- 13.30/13.40)	13.40- 14.40	14.40- 15.40
	TUTOR	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER		SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER		SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER
Tuesday	8.30 – 8.45	8.45- 9.45	9.45- 10.45		11.00- 12.00	12.00- 13.00		13.30- 14.30	
	TUTOR	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER		SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER		SUBJECT ROOM NO. TEACHER	
Wednesday	8.30 – 8.45	8.45- 9.45	9.45- 10.45		11.00- 12.00	12.00- 13.00		13.40- 14.40	14.40 - 15.40
	TUTOR	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER		
Thursday	8.30 – 8.45	8.45- 9.45	9.45- 10.45	11.00- 12.00	12.00- 13.00	13.30- 14.30			
	TUTOR	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER			
Friday	8.30 – 8.45	8.45- 9.45	9.45- 10.45	11.00- 12.00	12.00- 13.00	13.30- 14.30			
	TUTOR	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER	SUBJECT ROOM NO. TEACHER	SUBJECT TEACHER ROOM			

The School Day

Clubs



Clubs

Extra-curricular clubs are an extremely important part of our community here at Galway Educate Together Secondary School. Getting involved in school activities outside of regular class is not essential, but it can make settling into your school a lot more fun. It is a great way to meet other students who have similar interests and it is an easy way to try new things. You will be given the chance to suggest clubs that you would like to see running in the school through our student voice program. You will then have the option to attend the club of your choice.

Most clubs run on a Tuesday and Thursday after school for an hour but there are some clubs running at lunchtimes during the week also. It's a great way to get to know other students while having fun.

Skolas diena

Klubi



Klubi

Ārpusklases pulciņi ir ārkārtīgi svarīga mūsu kopienas sastāvdaļa šeit, Galway Educate Together vidusskolā. Iesaistīšanās skolas aktivitātēs ārpus regulārajām stundām nav obligāta, taču tā var padarīt iejusšanos skolā daudz jautrāku. Tas ir lielisks veids, kā satikt citus skolēnus ar līdzīgām interesēm, un tas ir vienkāršs veids, kā izmēģināt jaunas lietas. Jums tiks dota iespēja ieteikt pulciņus, kurus jūs vēlētos redzēt darbojamies skolā, izmantojot mūsu skolēnu balss programmu. Pēc tam jums būs iespēja apmeklēt sev tīkamu pulciņu.

Lielākā daļa pulciņu darbojas otrdienās un ceturtdienās pēc stundām vienu stundu, bet daži pulciņi darbojas arī pusdienu pārtraukumos darbadienās. Tas ir lielisks veids, kā iepazīt citus skolēnus, vienlaikus izklaidējoties.

The School Day

Clubs



Below is a list of the clubs that are running in our school currently

Tuesday After School Clubs 2.30 – 3.30pm

Home Learning Club LS1	Musical Rehearsals and Set work- Back to the 80's	Debating Club with Rowie and Elana LS5	Boys Basketball Training – Meet at Sports Hall - Martin	Coding/Robotics/Minecraft Club With Peadar in Tech room	Soccer Training – meet at Sports Hall – Gary, Laura
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Thursday After School Clubs 2.30 – 3.30pm

Home Learning Club LS1	Musical Rehearsals and Set work- Back to the 80's	Arts and Crafts Club with Donna and Paula – Home Ec Room	Dungeons & Dragons Club with Matthew in LS6	Girls Basketball – Rowie and Leanne Volleyball – James and Hazel Tabletennis - Evan	Science Club – James – Blue Lab Yoga - Gabrielle
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Lunchtime Clubs

1. Each lunchtime – Games Club & Chess Club LS8 with Matthew/ Library LS9
2. Monday – Lego League with Evan and James in the Tech Room, School Magazine Club – With Esther and Orlaith in LS2, Green Team with Clodagh in LS4
3. Wednesday – Languages Club with Karin LS1
4. 1st Year Buddy Lunchtime with Ann Marie & Katriona – details to be confirmed
5. Pride Club with Richard – day to be confirmed
6. Lunchtime Walking Club with Katriona/Ann Marie – Tues/Wed/Thurs 1.10

Registers will be taken by teachers at each session. School bus will leave school at 2.30pm so you will need to arrange another way home if staying for a club.

Meeting point for all Sports clubs is in Sports Hall.

No clubs on days when there is a Staff meeting or Parent/Teacher/Student Meeting or School event

Skolas diena

Klubi



Zemāk ir saraksts ar pulciņiem, kas pašlaik darbojas mūsu skolā.

Tuesday After School Clubs 2.30 – 3.30pm

Home Learning Club LS1	Musical Rehearsals and Set work- Back to the 80's	Debating Club with Rowie and Elana LS5	Boys Basketball Training – Meet at Sports Hall - Martin	Coding/Robotics/Minecraft Club With Peadar in Tech room	Soccer Training – meet at Sports Hall – Gary, Laura
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No clubs on days when there is a Staff meeting or Parent/Teacher/Student Meeting or School event

The School Day

Attendance and Punctuality



Just like in primary school, students need to attend school every day unless the absence is unavoidable. Coming to school every day promotes a positive environment for learning and personal development. It also enhances each student's ability to achieve their full potential. If you do miss a day, your parent/guardian must explain the absence using the school app.

Students also need to arrive to school and classes on time every day. In addition to being essential for the efficient running of the school, learning to be on time is an important life skill. Remember that at GETSS, there is no school bell to let you know when school or class has started or finished. The school opens at 8am and school begins at 8.30am. If you arrive after 8.30am you will need to sign in using the tablet in the office. The main door may be locked and you must then use the buzzer to get into the school. If you are going to be unavoidably late to school, your parent/guardian should let the school know using the school app.

Students are not allowed to leave the school grounds during school hours without permission. Any student who wishes to leave the school early must have permission granted by their parent/guardian in advance, via the school app. When the student leaves, they must sign out using the tablet in the office.

Skolas diena

Apmeklētība un punktualitāte



Tāpat kā pamatskolā, skolēniem ir jāapmeklē skola katru dienu, ja vien prombūtne nav neizbēgama. Nākšana skolā katru dienu veicina pozitīvu vidi mācībām un personības attīstībai. Tā arī uzlabo katra skolēna spēju pilnībā realizēt savu potenciālu. Ja jūs kavējat kādu dienu, jūsu vecākam/aizbildnim ir jāpaskaidro prombūtne, izmantojot skolas lietotni.

Skolēniem katru dienu jāierodas skolā un stundās laikā. Papildus tam, ka ir svarīgi skolas efektīvai darbībai, iemācīties ierasties laikā ir svarīga dzīves prasme. Atcerieties, ka GETSS nav skolas zvana, kas paziņotu, kad skola vai nodarbība ir sākusies vai beigusies. Skola atveras plkst. 8:00 un sākas plkst. 8:30. Ja ierodaties pēc plkst. 8:30, jums būs jāpiesakās, izmantojot planšetdatoru birojā. Galvenās durvis var būt aizslēgtas, un tad, lai iekļūtu skolā, jāizmanto zvana signāls. Ja jūs neizbēgami kavēsiet skolu, jūsu vecākiem/aizbildņiem par to jāpaziņo skolai, izmantojot skolas lietotni.

Skolēniem nav atļauts pamest skolas teritoriju mācību laikā bez atļaujas. Jebkuram skolēnam, kurš vēlas pamest skolu priekšlaicīgi, iepriekš jāsaņem vecāku/aizbildņa atļauja, izmantojot skolas lietotni. Kad skolēns aiziet, viņam ir jāizrakstās, izmantojot planšetdatoru birojā.

Finding Your Way



Most 6th class pupils feel a little nervous about going to a school which is different or bigger than their primary school. They might feel worried about getting lost, or being late for a lesson because they're not sure of where the room is. The first thing you need to know is that you will rarely go anywhere alone, most of your classes will be with the same people. For this reason, it is less likely that you will get lost.

Remember that if you are unsure of where you're going that you check the door to see what room number you are at, look at the school map or ask a teacher or another student for help.



QUICK TIPS

Before you leave your class, check your timetable to see where you are going to next. This will make it easier to find your way around.

Atrast savu ceļu



Lielākā daļa 6. klases skolēnu jūtas nedaudz nervozi par došanos uz skolu, kas atšķiras no viņu pamatskola vai ir lielāka. Viņi varētu uztraukties par apmaldīšanos vai nokavēšanu uz stundu, jo nezina, kur atrodas klase. Pirmā lieta, kas jums jāzina, ir tā, ka jūs reti kad kaut kur dosieties viens, lielākoties jūsu stundas notiks ar vieniem un tiem pašiem cilvēkiem. Šī iemesla dēļ ir mazāka iespēja, ka jūs apmaldīsieties.

Atcerieties, ka, ja neesat pārliecināts, kurp dodaties, pārbaudiet durvis, lai redzētu, kādā klases numurā atrodaties, apskatiet skolas karti vai lūdziet palīdzību skolotājam vai citam skolēnam.



**QUICK
TIPS**

Pirms došanās prom nodarbības, pārbaudiet savu stundu sarakstu, lai redzētu, kurp dodaties tālāk. Tas atvieglos orientēšanos.

Finding Your Way

Our school is in Galway City Centre



Main Entrance



Yard



Sports Hall

Atrast savu ceļu

Mūsu skola atrodas Golvejas pilsētas centrā

Galvenā ieeja

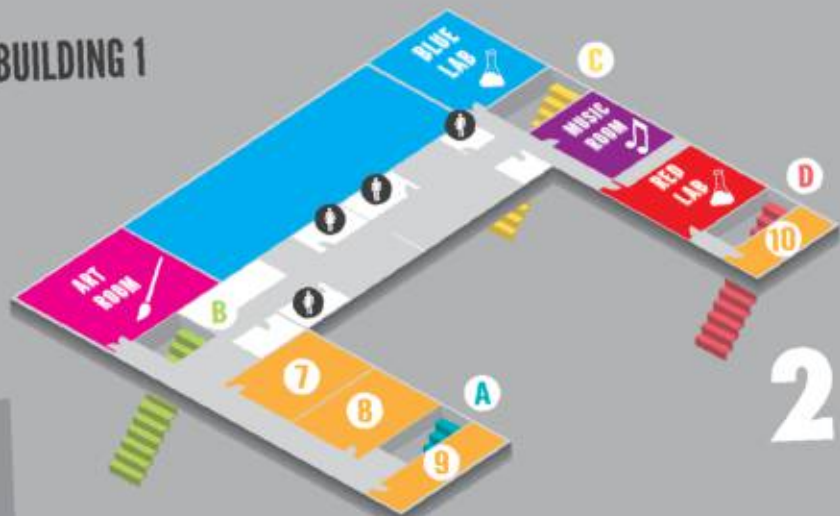


Pagalms



Sporta zāle

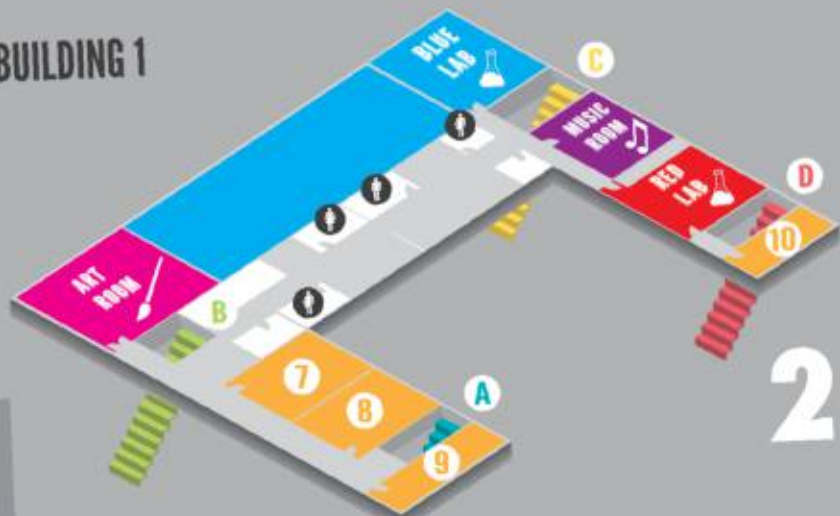
BUILDING 1



BUILDING 2



BUILDING 1



BUILDING 2



Finding Your Way

Classroom Layout



There are many classrooms in post primary schools and it is no different here at GETSS. We call our classrooms 'Learning Spaces' (or LS for short) which are numbered from 1-11 in the main building, and 12-15 in the building two. You will see signs on the classroom doors, like the one pictured below, letting you know which learning space number that room is.

We also have a Music room, Art room, Science lab, Home Economics room, Technology room, Computer Science room and Graphics room. The layout of these rooms looks a little bit different than the other learning spaces, as these subjects require more materials and equipment.

For each subject, students will be assigned a particular seat, as we follow seating plans here at GETSS. You will have a different seat in each learning space, which you will be assigned on your first week of school. Because you will move rooms for your option subjects, it means you will get to sit beside different people in different classes. This is a great way to get to know other students who may not be in your main class.



Atrast savu ceļu

Klases izkārtojums



Pēcpamatskolās ir daudz klašu, un tas pats nav arī šeit, GETSS. Mēs savas klases saucam par “Mācību telpām” (jeb saīsināti LS), kuras galvenajā ēkā ir numurētas no 1 līdz 11, bet otrajā ēkā — no 12 līdz 15. Uz klašu durvīm redzēsiet zīmes, piemēram, attēlā zemāk redzamo, kas norāda, kurš mācību telpas numurs pieder šai telpai.

Mums ir arī mūzikas telpa, mākslas telpa, dabaszinību laboratorija, mājsaimniecības telpa, tehnoloģiju telpa, datorzinību telpa un grafikas telpa. Šo telpu izkārtojums nedaudz atšķiras no citām mācību telpām, jo šiem priekšmetiem ir nepieciešams vairāk materiālu un aprīkojuma.

Katram priekšmetam skolēniem tiks piešķirta konkrēta sēdvieta, jo GETSS skolā mēs ievērojam sēdvietu plānus. Katrā mācību telpā jums būs atšķirīga sēdvieta, kas jums tiks piešķirta pirmajā skolas nedēļā. Tā kā izvēles priekšmetu gadījumā jūs mainīsiet telpas, tas nozīmē, ka varēsiet sēdēt blakus dažādiem cilvēkiem dažādās klasēs. Šis ir lielisks veids, kā iepazīt citus skolēnus, kuri, iespējams, neapmeklē jūsu pamatklasi.



Finding Your Way

Classroom Layout



Tech room

Home Economics room



Science lab



Music room



Art room



Atrast savu ceļu

Klases izkārtojums



Tehnoloģiju telpa

Mājsaimniecības
klase



Zinātnes laboratorija



Mūzikas istaba



Mākslas istaba



Finding Your Way

Toilets



There are many different toilets to choose from around your new secondary school. In the main building, you will find boys' toilets and girls' toilet on the second floor. You will also find a girls' and boys' toilet in the new building.

These toilets will have the following symbols on the doors - one for girls, and one for boys



There are also gender-neutral bathrooms on the first floor of the main building and in the new building. Everyone can use these toilets. The symbol for these toilets will look like this:



It is important to always wash your hands after using the toilet. This helps to keep our school safe and hygienic. When drying your hands, you must ensure that the paper towels are put in the bin and not flushed down the toilet. You will see reminders of this on the paper towel dispensers to make sure you don't forget.

Whenever possible, try to use the bathroom before school starts and during the two break times. Leaving class during a lesson can interrupt your learning and distract others, so it is best to avoid it unless it is really necessary. If you do need to go to the bathroom during a lesson, please scan the QR code on the door before leaving the classroom.



Atrast savu ceļu

Tualetes



Ap jauno vidusskolu ir pieejamas daudzas dažādas tualetes. Galvenajā ēkā atradīsiet zēnu tualetes un meiteņu tualeti otrajā stāvā. Jaunajā ēkā atradīsiet arī meiteņu un zēnu tualetes.

Uz šīm tualetēm būs šādi simboli — viens meitenēm un viens zēniem.



Galvenās ēkas pirmajā stāvā un jaunajā ēkā ir arī dzimumneitrālas vannas istabas. Šīs tualetes var izmantot ikviens. Šo tualetes simbols izskatīsies šādi:



Ir svarīgi vienmēr mazgāt rokas pēc tualetes lietošanas. Tas palīdz uzturēt drošību un higiēnu mūsu skolā. Noslaukot rokas, jāpārliecinās, ka papīra dvieļi tiek ievietoti atkritumu tvertnē, nevis noskaloti tualetes podā. Uz papīra dvieļu dozatoriem redzēsiet atgādinājumus par to, lai pārliecinātos, ka to neaizmirstat.

Kad vien iespējams, centies izmantot tualeti pirms mācību sākuma un divu starpbrīžu laikā. Iziešana no klases stundas laikā var pārtraukt tavu mācīšanos un novērst citu uzmanību, tāpēc vislabāk no tās izvairīties, ja vien tas nav tiešām nepieciešams. Ja stundas laikā tev ir jāiet uz tualeti, lūdzu, noskenē QR kodu uz durvīm, pirms izešanas no klases.



Finding Your Way

Transport



There are lots of ways of getting to school, whether it is by bus, car, bike or walking. You may decide that now you are in secondary school, you want to start arriving to school in a different way than you did in primary school. For example you might start cycling to school instead of being driven by someone else.

If you choose to cycle to school, we have bicycle racks where you can lock your bike securely in the morning. These are located in the car park near the door of the Sports Hall. Don't forget to bring your own bike lock and to wear a helmet!

Bus Eireann currently runs school buses from multiple locations to Galway Educate Together Secondary School. Application for a place on the school bus service occur through the Bus Eireann website each April. Contact Bus Eireann directly for more details. The school bus arrives at the school at 8am each morning. Public buses may also be an option.

Atrast savu ceļu

Transports



Ir daudz veidu, kā nokļūt skolā, vai nu ar autobusu, automašīnu, velosipēdu vai kājām. Jūs varat izlemt, ka tagad, kad mācāties vidusskolā, vēlaties sākt ierasties skolā citādi nekā pamatskolā. Piemēram, jūs varētu sākt braukt uz skolu ar velosipēdu, nevis ļaut kādam citam jūs aizvest.

Ja izvēlaties braukt uz skolu ar velosipēdu, mums ir velosipēdu novietnes, kur no rīta varat droši piesprādzēt velosipēdu. Tās atrodas autostāvvietā pie Sporta zāles durvīm. Neaizmirstiet paņemt līdzi savu velosipēda saslēdzēju un uzvilkt ķiveri!

Pašlaik "Bus Eireann" kursē skolas autobusus no vairākām vietām uz Galway Educate Together vidusskolu. Pieteikšanās vietai skolas autobusā notiek katru aprīli, izmantojot "Bus Eireann" tīmekļa vietni. Lai iegūtu sīkāku informāciju, sazinieties tieši ar "Bus Eireann". Skolas autobuss pie skolas ierodas katru rītu plkst. 8:00. Var būt arī sabiedriskie autobusi.

In School Supports



Secondary school is no different to primary school when it comes to asking for help, you just have more teachers to ask and this can be daunting. Questions are welcome by all teachers once they are asked in the right way.

We all go through a range of feelings and emotions in one day, this is perfectly normal. When a bad mood or anxious feeling lasts for a long period of time, speaking to your teachers, friends and/or family can be helpful.

Your school has a whole host of people who are trained to help and support you through whatever happens on your journey through post primary.

You can come to any of the staff, at any time, if you need help or would like to talk about something that is worrying you.

Atbalsts skolā



Runājot par palīdzības lūgšanu, vidusskola neatšķiras no pamatskolas, vienkārši ir vairāk skolotāju, kuriem jautāt, un tas var būt biedējoši. Visi skolotāji labprāt uzklausa jautājumus, ja tie tiek uzdoti pareizā veidā.

Mēs visi vienas dienas laikā piedzīvojam dažādas sajūtas un emocijas, tas ir pilnīgi normāli. Ja slikts garastāvoklis vai trauksmes sajūta ilgst ilgstoši, var būt noderīgi aprunāties ar skolotājiem, draugiem un/vai ģimeni.

Jūsu skolā strādā vesels pulks cilvēku, kas ir apmācīti palīdzēt un atbalstīt jūs visos iespējamajos veidos jūsu ceļojumā pēc pamatskolas beigšanas.

Jūs varat vērsties pie jebkura darbinieka jebkurā laikā, ja jums nepieciešama palīdzība vai vēlaties pārrunāt kaut ko, kas jūs satrauc.

In School Supports



Here is a quick introduction to the friendly faces of the staff that we currently have here at GETSS:



Sarah



Sinéad



Ann-Marie



Clodagh



Ashleigh



Katriona



Aoife



Martina



Noreen



Tara



Neasa



John

Atbalsts skolā



Šeit ir īss ievads GETSS darbinieku draudzīgajās sejās:



Sāra



Sineada



Anna-Marija



Klodaga



Ešlija



Katrīna



Aoife



Martina



Norīna



Tara



Neasa



Džons

In School Supports



Here is a quick introduction to the friendly faces of the staff that we currently have here at GETSS:



Michelle



Jill



Gary



Laura



Esther



Rosaline



Richard



Sharon



Clíodhna



Paula



Donna



Chloe

Atbalsts skolā



Šeit ir īss ievads GETSS darbinieku draudzīgajās sejās:



Mišela



Džila



Gerijs



Laura



Estere



Rozalīna



Ričards



Šerona



Klaidana



Paula



Donna



Hloja

In School Supports



Here is a quick introduction to the friendly faces of the staff that we currently have here at GETSS:



Leanne



Hazel



Evan



Sarah



Rowie



Angela



Martin



Fiona



Nicole



Tara



Niamh



Laura

Atbalsts skolā



Šeit ir īss ievads GETSS darbinieku draudzīgajās sejās:



Līna



Iazda



Evans



Sāra



Grāvis



Andžela



Mārtins



Fiona



Nikola



Tara



Niamh



Laura

In School Supports



Here is a quick introduction to the friendly faces of the staff that we currently have here at GETSS:



Jade



LeighAnn



Eleanor



Nora



Lisa



James



Sarah



Jake



Peanut



Aoife



Scan the QR code
to find out more
about our team

Atbalsts skolā



Šeit ir īss ievads GETSS darbinieku draudzīgajās sejās:



Izeja



Lī Anna



Eleonora



Nora



Liza



Džeimss



Sāra



Džeiks



Zemesrieksts



Aoife



Noskenējiet QR kodu,
lai uzzinātu vairāk
par mūsu komandu

In School Supports



Year Heads

Year Heads are here to support you and help make school a positive place where everyone feels respected, included, and ready to learn. There is one for each year group.

What Year Heads Do

- Help create a year group where everyone feels respected, safe, and included
- Keep an eye on attendance, punctuality, behaviour, and how students are doing overall
- Support teachers in dealing with behaviour in a fair and consistent way
- Step in quickly if there are problems and help find solutions
- Talk to parents/guardians about how students are doing and how they can be supported
- Work with other staff to make sure students get the help they need
- Notice and celebrate when students do well, work hard, or show positive behaviour
- Keep records so students can be supported properly
- Encourage students to take responsibility for their actions and learn from mistakes



Clodagh



Laura



Chloe



Gary



Tara



Ann Marie

Atbalsts skolā



Gada vadītāji

Klases vadītāji ir šeit, lai jūs atbalstītu un palīdzētu padarīt skolu par pozitīvu vietu, kur ikviens jūtas cienīts, iekļauts un gatavs mācīties. Katrai klasei ir savs direktors.

Ko dara gada vadītāji

Palīdziet izveidot vecuma grupu, kurā ikviens jūtas cienīts, drošs un iekļauts. Sekojiet līdzī studentu apmeklētībai, punktualitātei, uzvedībai un kopējam sniegunam.

Atbalstīt skolotājus taisnīgā un konsekventā veidā, risinot uzvedības jautājumus

Ātri iejaucieties, ja rodas problēmas, un palīdziet rast risinājumus

Runājiet ar vecākiem/aizbildņiem par to, kā skolēniem klājas un kā viņus var atbalstīt

Sadarbojieties ar citiem darbiniekiem, lai nodrošinātu, ka skolēni saņem nepieciešamo palīdzību

Ievērojiet un atzīmējiet, kad skolēni labi strādā, cītīgi strādā vai izrāda pozitīvu uzvedību

Veiciet uzskaiti, lai skolēni varētu saņemt atbilstošu atbalstu

Mudiniet skolēnus uzņemties atbildību par savu rīcību un mācīties no kļūdām



Klodaga



Laura



Hloja



Gerijs



Tara



Anna Marija

Your Learning Tutor



At the beginning of each day, all students attend tutor time at 8.30am for 15 minutes, before the first class. Tutor is important, as it is a set time with your class tutor where you can ask questions or discuss any issues or concerns you might have. You will have time to get organised for the week ahead on Mondays, and your tutor will also have different activities lined up such as mindfulness, literacy/numeracy activities, Global Citizen Education (GCE) activities. You will find out who your class tutor will be during your induction.



Jūsu mācības



Pasniedzējs

Katras dienas sākumā visi skolēni apmeklē audzinātāja laiku plkst. 8.30 uz 15 minūtēm pirms pirmās nodarbības. Pasniedzējs ir svarīgs, jo tas ir noteikts laiks ar jūsu klases pasniedzēju, kurā varat uzdot jautājumus vai apspriest jebkādas problēmas vai bažas. Pirmdienās jums būs laiks sagatavoties nākamajai nedēļai, un jūsu pasniedzējam būs arī dažādas aktivitātes, piemēram, apzinātības, lasītprasmes/rēķinpratības aktivitātes, globālās pilsoniskās izglītības (GCE) aktivitātes. Jūs uzzināsiet, kas būs jūsu klases pasniedzējs, ievadnodarbības laikā.



Your Learning

Core Subjects



In Galway Educate Together Secondary School Students we have six core subjects which they are required to take:

English	Science
Gaelige	French/Spanish
Maths	History

All students will also take:

CSPE	Physical Education
SPHE	Ethical Education

Short Courses

All students at GETSS will also have the opportunity to experience other short courses. These may include: **Coding**, **Artistic Performance**, **Climate Action** and **Negotiated Learning**.

Jūsu mācības



Galvenie priekšmeti

Golvejas "Educate Together" vidusskolas skolēniem ir seši obligāti jāapgūst pamatpriekšmeti:

Angļu	Zinātne
Īru	Franču/spāņu
Matemātika	Vēsture

Visi studenti apgūs arī:

CSPE	Fiziskā audzināšana
SPHE	Ētiskā izglītība

Īsie ku

Visiem GETSS studentiem būs iespēja apgūt arī citus īsus kursus. Tie var ietvert: kodēšanu, māksliniecisko sniegumu, klimata rīcību un sarunu vadītu mācīšanos.

Your Learning Option Subjects



Taster Programme

In Galway Educate Together Secondary School all first year students will have the opportunity to sample each optional subject before selecting their optional subjects for the Junior Cycle. You do not need to make a decision about your option subjects until the Halloween break. Here is a brief description of the option subjects that may be available.

Applied Technology

It helps to develop your curiosity of the technological world while also helping you to build the skills you need to investigate and solve real-life problems.

Business Studies

It helps you to make more informed decisions in the everyday business of living. It gives you a better understanding of the world of work. It encourages you to think about how and why people start up in business and why you too might also consider starting a business.

Jūsu mācības

Izvēles priekšmeti



Atslēgu programma

Galvejas "Educate Together" vidusskolā visiem pirmā kursa skolēniem būs iespēja izmēģināt katru izvēles priekšmetu, pirms viņi izvēlēšies izvēles priekšmetus junioru ciklam.

Lēmums par izvēles priekšmetiem nav jāpieņem līdz Helovīna brīvdienām. Šeit ir īss apraksts par izvēles priekšmetiem, kas var būt pieejami.

Lietišķā tehnoloģija

Tas palīdz attīstīt jūsu zinātkāri par tehnoloģiju pasauli, vienlaikus palīdzot jums veidot prasmes, kas nepieciešamas, lai izpētītu un risinātu reālās dzīves problēmas.

Biznesa studijas

Tas palīdz pieņemt pamatotākus lēmumus ikdienas dzīvē. Tas sniedz labāku izpratni par darba pasauli. Tas mudina pārdomāt, kā un kāpēc cilvēki uzsāk uzņēmējdarbību, un kāpēc arī jūs varētu apsvērt iespēju uzsākt uzņēmējdarbību.

Your Learning Option Subjects



Geography

Helps you to develop the knowledge and skills you need to explore and understand the world around you. This is achieved through the study of three main areas:

- Exploring people, place and change
- Exploring the physical world
- Exploring how we interact with the physical world.



Graphics

Aims to:

- develop students' creativity, spatial ability, and capacity to reason and communicate ideas through engagement with abstract and applied geometric problem-solving activities
- encourage the development of the cognitive and practical dexterity skills associated with graphical communication
- instil an appreciation of the role of graphics in the world around them
- encourage the production of drawings that promotes the skills of communicating through graphics
- develop students' cognitive and practical skills associated with modelling and graphical communication



Jūsu mācības

Izvēles priekšmeti



Ģeogrāfija

Palīdz attīstīt zināšanas un prasmes, kas nepieciešamas, lai izpētītu un izprastu apkārtējo pasauli. Tas tiek panākts, apgūstot trīs galvenās jomas:

- Cilvēku, vietas un pārmaiņu izpēte
- Fiziskās pasaules izpēte
- Izpētīt, kā mēs mijiedarbojamies ar fizisko pasauli.



Grafika

Mērķis ir:

attīstīt skolēnu radošumu, telpiskās spējas un spēju spriest un nodot idejas, iesaistoties abstraktās un lietišķās ģeometriskās problēmu risināšanas aktivitātēs

veicināt ar grafisko komunikāciju saistīto kognitīvo un praktisko veiklības prasmju attīstību

ieaudzināt izpratni par grafikas lomu apkārtējā pasaulē

veicināt zīmējumu veidošanu, kas veicina komunikācijas prasmes, izmantojot grafiku

attīstīt studentu kognitīvās un praktiskās prasmes, kas saistītas ar modelēšanu un grafisko komunikāciju



Your Learning Option Subjects



Home Economics

Helps you to know how to be environmentally conscious and dedicated to a sustainable and responsible way of life through the exploration of three areas of learning:

- Responsible Family Living
- Food, Health & Culinary Skills
- Textiles & Craft

You will develop practical food and health literacy skills, creative design and textile skills whilst also becoming resourceful, innovative, adaptable, and competent consumers.



Music

Helps you to build upon self-expression, self-esteem and imagination through music. You will develop the knowledge, skills and understanding necessary to produce and engage with authentic and original music, that is both yours and the music of others. In doing so, you will develop the music literacy, critical skills and language necessary to engage with today's musical world.



Jūsu mācības

Izvēles priekšmeti



Mājsaimniecība

Palīdzēs jums uzzināt, kā būt videi draudzīgam un veltīt sevi ilgtspējīgam un atbildīgam dzīvesveidam, izpētot trīs mācību jomas:

Atbildīga ģimenes dzīve

Ēdiens, veselība un kulinārijas prasmes

Tekstilizstrādājumi un amatniecība

Jūs attīstīsiet praktiskas pārtikas un veselības pratības prasmes, radoša dizaina un tekstilizstrādājumu prasmes, vienlaikus kļūstot par atjautīgiem, inovatīviem, pielāgojamiem un kompetentiem patērētājiem.

Mūzika

Palīdz jums attīstīt pašizpausmi, pašapziņu un iztēli caur mūziku. Jūs attīstīsiet zināšanas, prasmes un izpratni, kas nepieciešamas, lai radītu un darbotos ar autentisku un oriģinālu mūziku, kas ir gan jūsu, gan citu mūzika. To darot, jūs attīstīsiet muzikālo pratību, kritiskās domāšanas prasmes un valodas prasmes, kas nepieciešamas, lai iesaistītos mūsdienu mūzikas pasaulē.

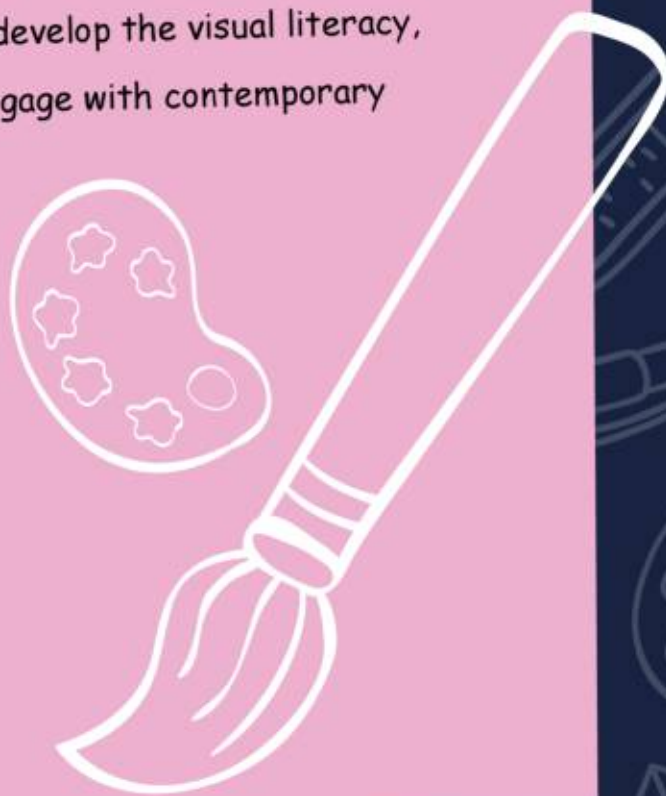


Your Learning Option Subjects



Visual Art

Through practical engagement in the areas of art, craft and design, you will develop self-confidence, inquisitiveness, imagination, and creativity. You will also develop authentic, real-world problem-solving skills and the capacity to work over time, as an individual and in groups, on the design and execution of artistic and aesthetic tasks. You will develop the knowledge, skills and understanding necessary to produce and to engage with authentic and original art, craft and design work. In so doing, you will begin to develop the visual literacy, critical skills and language necessary to engage with contemporary culture.



Jūsu mācības

Izvēles priekšmeti



Vizuālā māksla

Praktiski darbojoties mākslas, amatniecības un dizaina jomās, jūs attīstīsiet pašapziņu, zinātkāri, iztēli un radošumu. Jūs arī attīstīsiet autentiskas, reālās pasaules problēmu risināšanas prasmes un spēju laika gaitā, gan individuāli, gan grupās, strādāt pie māksliniecisku un estētisku uzdevumu izstrādes un izpildes.

Jūs attīstīsiet zināšanas, prasmes un izpratni, kas nepieciešamas, lai radītu un strādātu ar autentiskiem un oriģināliem mākslas, amatniecības un dizaina darbiem. To darot, jūs sāksiet attīstīt vizuālo pratību, kritiskās domāšanas prasmes un valodu, kas nepieciešama, lai strādātu ar mūsdienu kultūru.



Your Learning Leaving Certificate



Core Subjects

English	Gaeilge	Mathematics
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Language

Students continue their study of the language they chose for Junior Cycle

French	Spanish
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Option Subjects

They can choose 3 subjects from the following Optional subjects

Biology	Chemistry	Physics
Home Economics	Art	Music
Geography	History	Business
Drama and Theatre Studies	LC Physical Education	Design & Communications Graphics (DCG)
Technology	Politics & Society	

These are subject to available resources and demand. All subjects cannot be guaranteed. Students also study Ethical Education, Physical Education, SPHE, Careers in Fifth and Sixth Year.

Jūsu mācības



Izlaiduma apliecība

Galvenie priekšmeti

Angļu	Īru	Matemātika
-------	-----	------------

Valoda

Studenti turpina mācīties valodu, ko viņi izvēlējās junioru ciklam

Franču	Spāņu
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Izvēles priekšmeti

Viņi var izvēlēties 3 priekšmetus no šādiem izvēles priekšmetiem

Bioloģija	Ķīmija	Fizika
Mājsaimniecība	Māksla	Mūzika
Ģeogrāfija	Vēsture	Business
Drāmas un teātra studijas	LC fiziskā audzināšana	Dizaina un komunikācijas grafika (DCG)
Tehnoloģija	Politika un sabiedrība	

ētikas izglītību, fizisko audzināšanu, SPHE un karjeras iemaņas.

Getting Organised!

Your Bag



In secondary school you will be using lots of different types of equipment for each class. The increase in the amount of materials you need for post primary school compared to primary school can feel overwhelming, but getting organised and feeling in control of all your new materials will help you feel more confident and settled.

Your Bag

Try to only carry around exactly what you need for each day. Where possible, leave everything else in your locker or at home. You will need to keep your pencil case, journal and iPad in your bag for every class in secondary school.

It is important to clean out your bag regularly as it is amazing what gets lost at the bottom of a messy school bag. It is a good idea to have an A4 zip folder for each subject so that you can keep all relevant copies and materials together in one section. Not only will this keep your bag tidy but it will also help you avoid losing things or getting your copies mixed up.

Label your bag by writing your name on it or attaching a key ring somewhere so that you can easily identify your bag.



Organizēšanās!

Jūsu soma



Vidusskolā katrā stundā izmantosiet daudz un dažāda veida aprīkojumu. Materiālu daudzuma pieaugums, kas jums nepieciešams pēc pamatskolas posmā salīdzinājumā ar pamatskolu, var šķist milzīgs, taču, organizējoties un pārvaldot visus jaunus materiālus, jūs jutīsieties pārlicinātāk un mierīgāk.

Jūsu soma

Centieties nēsāt līdzī tikai to, kas jums nepieciešams katru dienu. Ja iespējams, atstājiet visu pārējo skapītī vai mājās. Vidusskolā katrā stundā somā būs jānes penālis, dienasgrāmata un iPad.

Ir svarīgi regulāri iztīrīt somu, jo neticami, cik daudz kas var pazust nekārtīgas skolas somas apakšā. Ieteicams katram priekšmetam izveidot A4 formāta mapi ar rāvējslēdzēju, lai visus nepieciešamos materiālus varētu glabāt vienuviet. Tas ne tikai uzturēs somu kārtībā, bet arī palīdzēs izvairīties no lietu pazaudēšanas vai kopiju sajaukšanas.

Apzīmējiet savu somu, uzrakstot uz tās savu vārdu vai piestiprinot atslēgu piekariņu kaut kur, lai jūs varētu viegli identificēt savu somu.



Getting Organised! Your Locker

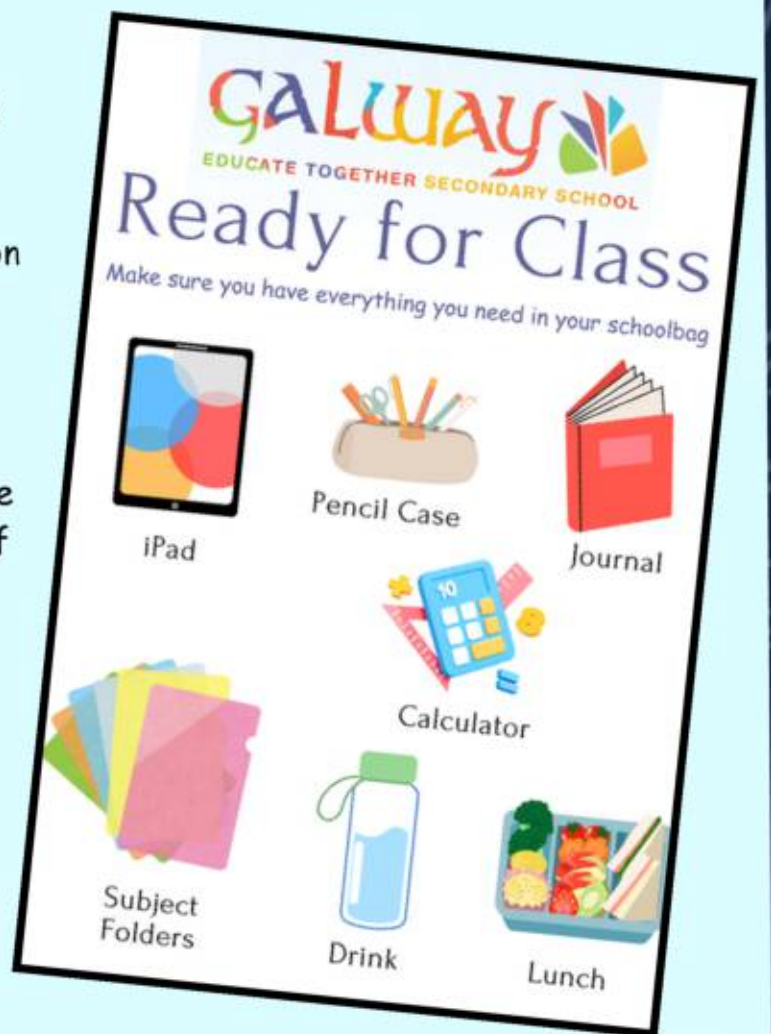


Your Locker

Starting this term, each student will have their own locker at school. Your locker will help you stay organised by giving you a safe place to keep your books, folders, and other materials you need for classes.

You can use your locker when you arrive at school in the morning and during both break times. This will help you make sure you have everything you need for each lesson and keep your school bag tidy and ready for the day.

Inside your locker, you will find the following poster with a checklist of the items that should be in your school bag so that you are always ready for learning.



Organizēšanās!

Tavs skapītis

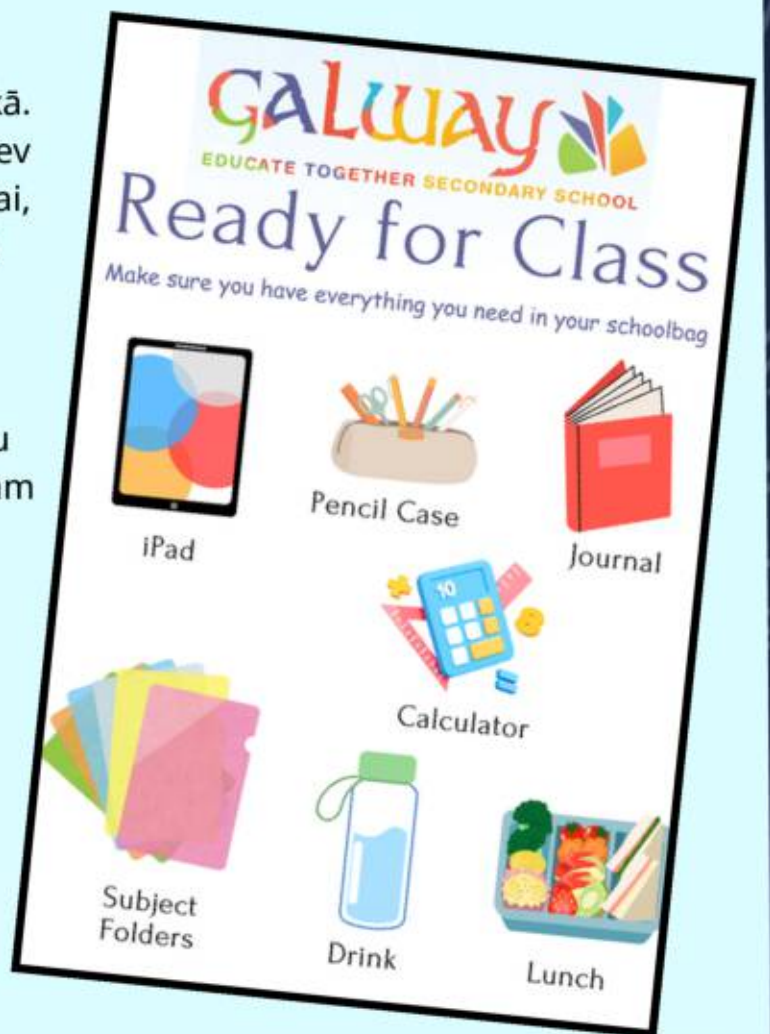


Tavs skapītis

Sākot ar šo semestri, katram skolēnam skolā būs savs skapītis. Skapītis palīdzēs jums saglabāt kārtību, nodrošinot drošu vietu, kur glabāt grāmatas, mapes un citus materiālus, kas nepieciešami stundām.

Skapīti vari izmantot, ierodoties skolā no rīta un abu starpbrīžu laikā. Tas palīdzēs tev pārliecināties, ka tev ir viss nepieciešamais katrai stundai, un uzturēt skolas somu kārtīgu un gatavu dienai.

Savā skapītī atradīsiet šādu plakātu ar kontrolsarakstu par lietām, kurām jābūt jūsu skolas somā, lai jūs vienmēr būtu gatavi mācībām.



Getting Organised!

Your Pencilcase



Your Pencil Case

In primary school, most of the equipment you need is kept in the classroom. However, at secondary school, you will be expected to have your own pencils and pens and you will have to carry them all around with you. In your pencil case you should have the following items so you are prepared for class:

Pens	Pencil	Eraser
Ruler	Calculator	Maths Set
Earphones	Glue	Small scissors

QUICK TIPS

Repack your bag each evening with materials and books that you need by looking at your timetable to see what subjects you have the next day so that it is ready to go for the morning, this will save you time.

Organizēšanās!

Jūsu penālis



Jūsu penālis

Pamatskolā lielākā daļa nepieciešamā aprīkojuma atrodas klasē. Savukārt vidusskolā no jums sagaidīs, ka jums būs savi zīmuļi un pildspalvas, un jums tie būs jānes līdzī. Lai jūs būtu gatavs stundām, jūsu penālī jābūt šādiem priekšmetiem:

Pildspalvas	Zīmulis	Dzēšgumija
Lineāls	Kalkulators	Matemātikas komplekts
Austiņas	Līme	Mazas šķēres

QUICK TIPS

Katru vakaru pārpakojiet savu somu ar nepieciešamajiem materiāliem un grāmatām, pārskatot savu stundu sarakstu, lai redzētu, kādi priekšmeti jums ir nākamajā dienā, lai tas būtu gatavs no rīta – tas ietaupīs jūsu laiku.

Getting Organised!

Subject-Specific Requirements



Different teachers and subjects require different materials. This can feel overwhelming in the beginning but if you make a list of the things you need for each subject, you can tick them off as you organise your bag for school the next day. Your teachers will let you know what extra materials you need for each subject during your induction, so you don't need to worry about having these particular items before you start secondary school. Below is list of materials you might need for specific subjects.

Technical Graphics	T-square, colouring pencils
Music	Recorder, earphones, manuscript copy
Art	Art Pack and Art supplies
Applied Technology	Safety goggles
Home Economics	Apron and ingredients on the days you are cooking
PE	Hi-Vis Jacket and appropriate clothing e.g. runners, tracksuit

Organizēšanās!

Priekšmetam specifiskās prasības



Dažādiem skolotājiem un priekšmetiem ir nepieciešami atšķirīgi materiāli. Sākumā tas var šķist pārāk daudz, bet, ja izveidosiet sarakstu ar lietām, kas jums nepieciešamas katram priekšmetam, varēsiet tās atzīmēt, nākamajā dienā sakārtojot savu somu skolai. Skolotāji ievadskolas laikā jūs informēs, kādi papildu materiāli jums ir nepieciešami katram priekšmetam, tāpēc jums nav jāuztraucas par šo konkrēto lietu iegādi pirms vidusskolas sākuma. Zemāk ir saraksts ar materiāliem, kas jums varētu būt nepieciešami konkrētiem priekšmetiem.

Tehniskā grafika	T-veida kvadrāts, krāsainie zīmuļi
Mūzika	Diktofons, ausiņas, manuskripta kopija
Māksla	Mākslas komplekts un mākslas piederumi
Lietišķā tehnoloģija	Aizsargbrilles
Mājsaimniecība	Priekšauts un sastāvdaļas dienās, kad gatavojat ēst
IESLĒGTS	Atstarojoša jaka un atbilstošs apģērbs, piemēram, skriešanas bikses, treniņtērps

Getting Organised!

Learning Symbols



At GETSS, we call homework 'Home Learning'. Home Learning is so important for your learning journey. Not only does it show your teachers your level of understanding but it also helps you to retain information that you've learned in class. It is important to be organised and to balance your workload in order to avoid stress and forget completing some/all your Home Learning tasks.

The Home Learning Symbols

In your One Notes, you will see the yellow home learning symbol. These will help you to find your home learning easily when you are working at home in the evenings. Your teachers will tell you how much time you will need to spend on each home learning activity.



Organizēšanās!

Mācību simboli



GETSS mēs mājasdarbus saucam par "mājmācību". Mājmācība ir ļoti svarīga jūsu mācību ceļā. Tā ne tikai parāda skolotājiem jūsu izpratnes līmeni, bet arī palīdz atcerēties informāciju, ko esat apguvis stundā. Ir svarīgi būt organizētam un līdzsvarot savu darba slodzi, lai izvairītos no stresa un aizmirstu par dažu/visu mājmācības uzdevumu izpildi.

Mājmācības simboli

Savās One Notes piezīmēs redzēsiet dzelteno mājmācības simbolu. Tas palīdzēs jums viegli atrast mājmācības uzdevumus, strādājot mājās vakaros. Jūsu skolotāji pateiks, cik daudz laika jums būs jāpavada katrai mājmācības aktivitātei.



Getting Organised!

Other Symbols



This symbol will be on the whiteboard to show how long your home learning should take to complete. Your teacher will write a time beside this symbol e.g. 10 mins



This symbol will be on the whiteboard to tell you what date your home learning should be handed in to your teacher. Your teacher will write a date beside this symbol e.g. 5th April



This symbol will tell you whether or not you will need an iPad to complete your home learning. Your teacher will put a tick on the whiteboard beside this symbol if you need your iPad.



Organizēšanās!

Citi simboli



Šis simbols būs redzams uz tāfeles, lai parādītu, cik ilgs laiks būs nepieciešams mājmācībai. Skolotājs blakus šim simbolam uzrakstīs laiku, piemēram, 10 minūtes.



Šis simbols būs uz tāfeles, lai norādītu, kurā datumā jūsu mājmācības materiāli jānodod skolotājam. Skolotājs blakus šim simbolam uzrakstīs datumu, piemēram, 5. aprīlis.



Šis simbols norādīs, vai mājmācībai būs nepieciešams iPad. Skolotājs atzīmēs to uz tāfeles blakus šim simbolam, ja iPad būs nepieciešams.

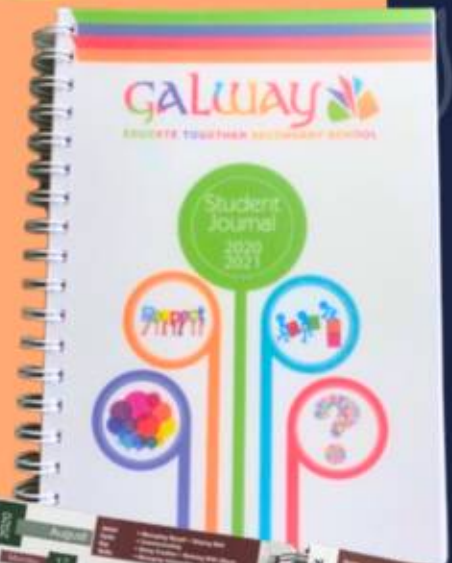


Getting Organised!

Your Journal



You will be given a new Student Journal at the start of each school year. This is the best way to keep track of your Home Learning tasks and keep all your reminders in one place. Each Monday during tutor class, you will write all your subjects for the week ahead into your Journal. It is important to keep your Journal neat and tidy at all times. Doing this will help you stay organised with your work.



2020 August		Junior Cycle Key Skills	• Managing Myself • Staying Well	• Communicating	• Being Creative • Working With Others	• Managing Information & Thinking
Monday 17		Dé Luain • Montag • lundi				
Tutor	Get journal signed					W
English	Read ch.2 of novel 10mins ✓					T
History	Q1-6 p33 20mins					F
Maths	See Teams 15mins ✓					Th
Music	See photos 5mins					Fr
Ethical Ed.	Reflection on CheNote 10mins ✓					Sa
SPHE						Su

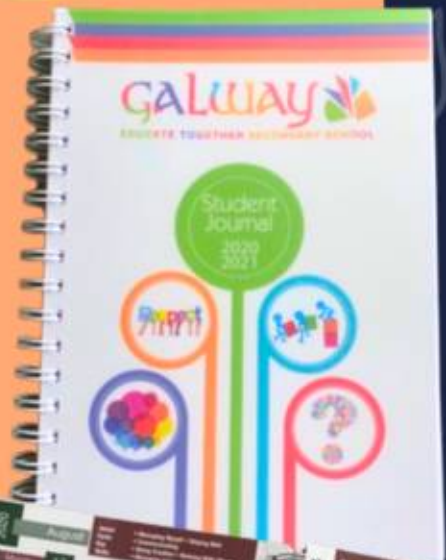


Organizēšanās!

Jūsu dienasgrāmata



Katra mācību gada sākumā jums tiks izsniegta jauna skolēna dienasgrāmata. Tas ir labākais veids, kā sekot līdzi māj mācības uzdevumiem un glabāt visus atgādinājumus vienuviet. Katru pirmdienu pasniedzēja nodarbību laikā jūs savā dienasgrāmatā ierakstīsiet visus nākamās nedēļas mācību priekšmetus. Ir svarīgi vienmēr uzturēt dienasgrāmatu kārtīgu un sakārtotu. Tas palīdzēs jums saglabāt organizētu darbu.



2020 August		Junior Cycle Key Skills	Due	Done
Monday	17	• Managing Myself • Staying Well • Communicating • Being Creative • Working With • Managing Information & Things		
Tutor	Get journal signed			
English	Read ch.2 of novel 10mins ✓		W	
History	Q 1-6 p33 20mins		T	
Maths	See Teams 15mins ✓		F	
Music	See photos 5mins		Th	
Ethical Ed.	Reflection on CheNote 10mins ✓		Fr	
SPHE				



Getting Organised!

Your iPad/App



At GETSS, all students use an iPad in class and for most of their Home Learning tasks. Instead of carrying textbooks around for each subject, you will be able to access all your books and classes on your iPad. It is important to **make sure that your iPad is charged every evening** so that you have a full battery for your next day at school. There are many different apps on your iPad that you will use regularly so it is a good idea to familiarise yourself with these **app symbols**.



Safari

This symbol is used to access the internet. You will use the internet regularly in secondary school for research tasks and to access a range of websites.



OneNote

OneNote can be thought of as an online copybook. Through this app you can access all your classes and the content that your teachers have taught you in class. You will use this app both at school and at home for Home Learning so it's a good idea to familiarise yourself with OneNote.



Organizēšanās!

Jūsu iPad/lietotne



GETSS skolā visi skolēni stundās un lielākajai daļai māj mācības uzdevumu izmanto iPad planšetdatoru. Tā vietā, lai katram priekšmetam nēsātu līdzīgu mācību grāmatas, jūs varēsiet piekļūt visām savām grāmatām un nodarbībām savā iPad planšetdatorā. Ir svarīgi pārliecināties, ka jūsu iPad planšetdators katru vakaru tiek uzlādēts, lai nākamajai dienai skolā jums būtu pilns akumulators. Jūsu iPad planšetdatorā ir daudz dažādu lietotņu, kuras jūs regulāri izmantosiet, tāpēc ir ieteicams iepazīties ar šiem lietotņu simboliem.



Safari

Šis simbols tiek izmantots, lai piekļūtu internetam. Vidusskolā jūs regulāri izmantosiet internetu pētniecības uzdevumiem un dažādu tīmekļa vietņu piekļuvei.



OneNote

OneNote var uzskatīt par tiešsaistes pierakstu burtnīcu. Izmantojot šo lietotni, varat piekļūt visām savām nodarbībām un saturam, ko skolotāji jums ir mācījuši stundās. Šo lietotni izmantosiet gan skolā, gan mājās māj mācībai, tāpēc ir ieteicams iepazīties ar OneNote.



Getting Organised! Your iPad/App



Teams

This app is like an online group for all GETSS students. You will be added to a 'Team' for each of your classes where you can access your Home Learning instructions, assignments, ask questions and leave messages for your classmates or teacher about school work. It's a great way to communicate with other students, especially if you have a question while you are at home. Your teachers will leave messages and post on Teams regularly so it's a good idea to check this app every day to make sure you haven't missed any important information.



Outlook

This app is where you will send and receive your emails. Each student is given an email address at the start of the school year.



OneDrive

OneDrive is very important for storing and saving any school work that you have completed on your iPad. It is similar to an online folder where you can keep all your work together in one place. It is important to keep your OneDrive folders tidy and organised so it is easier to find your work when you need it.



Organizēšanās!

Jūsu iPad/lietotne



Komandas

Šī lietotne ir kā tiešsaistes grupa visiem GETSS skolēniem. Jūs tiksiet pievienots katrai nodarbībai "komandai", kur varēsiet piekļūt mājmācības norādījumiem, uzdevumiem, uzdot jautājumus un atstāt ziņojumus klasesbiedriem vai skolotājiem par skolas darbu. Tas ir lielisks veids, kā sazināties ar citiem skolēniem, īpaši, ja jums ir jautājums, atrodoties mājās. Jūsu skolotāji regulāri atstās ziņojumus un publicēs ierakstus pakalpojumā Teams, tāpēc ir ieteicams katru dienu pārbaudīt šo lietotni, lai pārliecinātos, ka neesat palaidis garām svarīgu informāciju.



Perspektīva

Šajā lietotnē jūs varēsiet sūtīt un saņemt e-pastus. Katram skolēnam mācību gada sākumā tiek piešķirta e-pasta adrese.



OneDrive

OneDrive ir ļoti svarīgs pakalpojums, lai uzglabātu un saglabātu jebkuru skolas darbu, ko esat paveicis savā iPad. Tas ir līdzīgs tiešsaistes mapei, kurā varat glabāt visu savu darbu vienuviet. Ir svarīgi uzturēt OneDrive mapes kārtīgas un organizētas, lai darbu būtu vieglāk atrast, kad tas ir nepieciešams.



Getting Organised!

Your iPad/App



PowerPoint

You will use the PowerPoint app for presentations and projects in secondary school. From this app, you can create slides with information and pictures about different topics to present to your classmates.



Kahoot!

This is definitely favourite app amongst students at GETTS. Kahoot! Is a fun way to practice all your learning through quizzes and challenges with your classmates. Can you beat them all in a Kahoot! Quiz?



Freeform

This app is great for taking notes while you are also in OneNote on a split screen. It is definitely the app to use for mind maps, as it allows to add images, videos, links...everything you need. Perfect for planning projects, sharing ideas and collaborating with others.



Organizēšanās!

Jūsu iPad/lietotne



PowerPoint

Vidusskolā prezentācijām un projektiem izmantosiet lietotni PowerPoint. Šajā lietotnē varat izveidot slaidus ar informāciju un attēliem par dažādām tēmām, ko prezentēt klasesbiedriem.



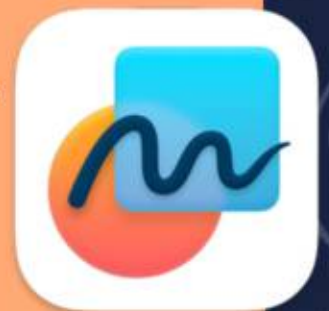
Kahoot!

Šī noteikti ir iecienīta lietotne GETTS studentu vidū. Kahoot! ir jautrs veids, kā praktizēt visas apgūtās zināšanas, izmantojot viktorīnas un izaicinājumus kopā ar klasesbiedriem. Vai vari uzvarēt viņus visus Kahoot! viktorīnā?



Brīvforma

Šī lietotne ir lieliski piemērota piezīmju veikšanai, vienlaikus strādājot ar OneNote dalītā ekrānā. Tā noteikti ir lietotne domu kartēm, jo tā ļauj pievienot attēlus, videoklipus, saites... visu nepieciešamo. Lieliski piemērota projektu plānošanai, ideju apmaiņai un sadarbībai ar citiem.



Student Dress Code

Quick Guide



The goal of the dress code is to ensure everyone is safe, comfortable, and ready to learn.

Your clothing should:

- Fit properly and be appropriate for a learning environment.
- Cover underwear completely.
- Not be see-through.
- Allow freedom of movement.

Jewelry and footwear:

- Jewelry must be safe and not create risks.
- Shoes should be secure and suitable for moving around school safely.

In Science, Technology, Home Economics, and Art rooms:

For health and safety reasons, you may be required to:

- Wear protective equipment.
- Tie back long hair.
- Secure loose clothing.
- Remove jewelry.

Clothing with rips or tears is not allowed in these rooms.

You do not need to cover:

- Your head, face, neck, shoulders, arms, or legs from mid-thigh down

Head coverings:

- Religious, cultural, or ethnic head coverings are allowed.
- Everyone must remain identifiable and able to communicate clearly.
- Hats, caps, and hoods are not permitted during the school day.

For PE and sports activities:

- Wear appropriate sportswear and secure runners/trainers.
- Jewelry should not be worn, except for watches.
- Sports shorts are allowed, and the mid-thigh rule does not apply during PE and sports activities.

Studentu apģērba kods

Īsā pamācība

Apģērba koda mērķis ir nodrošināt, lai ikviens justos droši, ērti un būtu gatavs mācīties.



Jūsu apģērbam vajadzētu:

Pareizi iederēties un būt piemērotam mācību videi.
Pilnībā nosedziet apakšveļu.
Nebūt caurspīdīgam.
Nodrošināt pārvietošanās brīvību.

Rotaslietas un apavi:

Rotaslietām jābūt drošām un neradīt riskus.

- Apaviem jābūt drošiem un piemērotiem drošai pārvietošanai skolā.

Dabaszinību, tehnoloģiju, mājsaimniecības un mākslas kabinetos:

Veselības un drošības apsvērumu dēļ jums var būt nepieciešams:
Valkāriet aizsarglīdzekļus.
Sasieniet garus matus.
Nostipriniet brīvu apģērbu.
Noņem rotaslietas.
Šajās telpās nav atļauts ienest apģērbu ar saplētām vai noplētām virsmām.

Jums nav jāaptver:

Jūsu galva, seja, kakls, pleci, rokas vai kājas no augšstilba vidus uz leju

Galvassegas:

Ir atļauts valkāt reliģiskas, kultūras vai etniskas galvassegas.
Ikvienam ir jāpaliek identificējamam un jāspēj skaidri sazināties.

- Cepures, nažakrūši un kapuces skolas dienā nav atļautas.

Fiziskās aktivitātes un sporta aktivitātes:

Valkāriet atbilstošu sporta apģērbu un drošus skriešanas apavus/kedas.
Rotaslietas nedrīkst valkāt, izņemot pulksteņus.

- Sporta šorti ir atļauti, un noteikums par biksēm līdz augšstilbu vidum neattiecas uz fiziskās audzināšanas un sporta aktivitātēm.

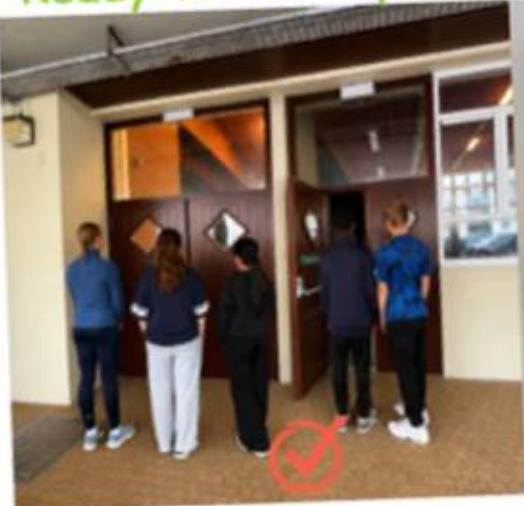
Dress For Success in PE
"Safe, Comfortable, Active Clothing!"



GETSS PE EXPECTATIONS



Ready to Participate!



GALWAY

EDUCATE TOGETHER
SECONDARY SCHOOL

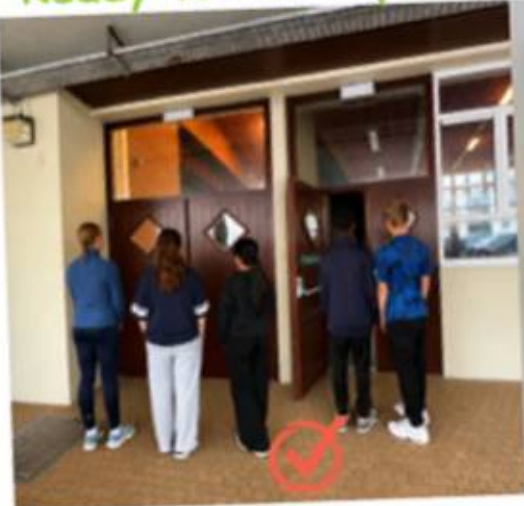
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EDUCATE TOGETHER
SECONDARY SCHOOL

Acceptable Use Policy

At GETSS, every student is required to use their iPad safely, respectfully, and responsibly.

RESPONSIBLE USE

- Bringing your iPad fully charged each day.
- Only using your iPad when a teacher has instructed you to do so.
- Using your iPad for schoolwork only.
- Keeping your iPad face-down when not in use.
- Keeping your iPad safe and in its case at all times.

IRRESPONSIBLE USE

- Accessing inappropriate or harmful content.
- Bypassing filters or accessing games online.
- Recording or taking photos without consent.
- Clogging your iPad storage with memes or internet downloads.

Personal Devices



The use of personal devices such as phones and headphones during school hours is not permitted, unless permission is given from a member of staff.



Online Behaviour and Reporting

Online behaviour must be respectful, and in line with our **Bí Cineálta Anti-Bullying Policy**. This means it must never cause harm, bully, or target others. If you witness bullying, tell a member of staff or an adult you trust, or scan this QR code to make a report.



Online Safety

- ✓ Keep your passwords private.
- ✓ Use school emails and Teams for learning-related communication only.
- ✗ Do not open unknown links or files.
- ✗ Never share someone else's photos or information without permission.

Artificial Intelligence

You must fact-check anything AI produces and never submit AI-generated work as your own.



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Home Learning Policy

WHY IS HOME LEARNING IMPORTANT?

- ✓ It reinforces classroom learning.
- ✓ It prepares students for upcoming lessons.
- ✓ It builds independence, responsibility and organisation skills.

USING THE STUDENT JOURNAL TO MANAGE YOUR WORKLOAD

You must have your journal in every lesson and use it to write down your assigned home learning tasks. This will help you to stay on top of your workload!

STEPS TO SUPPORT YOUR HOME LEARNING

(If home learning is not attempted or completed...)

Step 1: Check-In

- Teacher talks with the student to understand why work is missing
- Support offered & new deadline agreed
- Recorded on VSware

Step 2: Follow-up

- Further discussion
- New deadline agreed
- Recorded on VSware

Step 3: Contact Home

- Teacher informs parents/guardians
- Extra help offered (e.g. Home Learning Club)

Step 4: Meeting with Parents/Guardians

- Parents/guardians will be invited to a meeting in the school

GETSS HOME LEARNING PLEDGE

As a student, I agree with the terms of the GETSS Home Learning Policy and will work hard to complete my home learning to the best of my ability.

Signed (student): _____
Date: _____

As a parent/guardian, I agree with the terms of the GETSS Home Learning Policy and will support my child's engagement with home learning to the best of my ability.

Signed (parent/guardian): _____
Date: _____

Remember, if you miss school, you are responsible for finding out what work you missed and completing it as soon as you can; if you were ill, you will be given extra time to catch up.

Home Learning Policy

WHY IS HOME LEARNING IMPORTANT?

- ✓ It reinforces classroom learning.
- ✓ It prepares students for upcoming lessons.
- ✓ It builds independence, responsibility and organisation skills.

USING THE STUDENT JOURNAL TO MANAGE YOUR WORKLOAD

You must have your journal in every lesson and use it to write down your assigned home learning tasks. This will help you to stay on top of your workload!

STEPS TO SUPPORT YOUR HOME LEARNING

(If home learning is not attempted or completed...)

Step 1: Check-In

- Teacher talks with the student to understand why work is missing
- Support offered & new deadline agreed
- Recorded on VSware

Step 2: Follow-up

- Further discussion
- New deadline agreed
- Recorded on VSware

Step 3: Contact Home

- Teacher informs parents/guardians
- Extra help offered (e.g. Home Learning Club)

Step 4: Meeting with Parents/Guardians

- Parents/guardians will be invited to a meeting in the school

GETSS HOME LEARNING PLEDGE

As a student, I agree with the terms of the GETSS Home Learning Policy and will work hard to complete my home learning to the best of my ability.

Signed (student): _____
Date: _____

As a parent/guardian, I agree with the terms of the GETSS Home Learning Policy and will support my child's engagement with home learning to the best of my ability.

Signed (parent/guardian): _____
Date: _____

Remember, if you miss school, you are responsible for finding out what work you missed and completing it as soon as you can; if you were ill, you will be given extra time to catch up.

Bí Cineálta!

If you think you are being bullied, or someone else is being bullied, please tell someone!

WHAT IS BULLYING BEHAVIOUR ?

Bullying behaviour is when someone keeps being mean or hurtful to others on purpose over and over again.
Not just once.

WHAT TO DO... IF YOU THINK YOU ARE BEING BULLIED OR IF YOU SEE BULLYING TAKING PLACE

- ✔ Tell a member of staff or an adult you trust.
or...
- ✔ Report it using this QR code.



WHAT HAPPENS NEXT?

- ✔ We will talk with you
- ✔ We will ask you what you want to happen next
- ✔ We will work out a plan together
- ✔ We will talk with your parent(s)/ guardian(s)
- ✔ We will talk to other students involved
- ✔ We will talk with other students' parent(s)/guardian(s)

Our school has a Bí Cineálta policy to prevent and address bullying behaviour.

We look at this policy every year to see what is working well and what could work better.

We will ask you what you think.

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Anti-Racism Statement

GETSS wants all students and staff to feel safe and accepted for who they are!

WHAT IS RACISM?

Racism is when someone is being discriminated against, or being targeted, on the basis of colour, race, ethnicity, nationality, culture, language or religion/belief through actions and/or words.

WHAT TO DO...

IF YOU THINK YOU ARE A VICTIM OF RACISM OR IF YOU SEE RACISM TAKING PLACE

- ✓ Tell a member of staff or an adult you trust or...
- ✓ Report it using the QR code.
- ✓ The procedures for our Anti-Bullying Policy will take over.



SOME EXAMPLES OF RACISM

All based on either a person's skin colour, race, ethnicity, nationality, culture, language, or religion/belief

- ✗ Exclusion or leaving someone out
- ✗ Words or comments – slurs, insults, racist “jokes”, offensive language
- ✗ Mocking, ridiculing or stereotyping
- ✗ Sharing racist content online – memes, images, videos, written content
- ✗ Racist graffiti or damage to their property
- ✗ Physical assaults of a racist nature
- ✗ Encouraging others to be racist

Being Anti-Racist is important to our values as a school, because we believe everyone should be treated with respect, dignity and kindness.

This is inline with what we believe in as a Restorative Practice school and as a Champion School of Sanctuary

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Looking After Our School



Here at GETSS we strongly believe in acting responsibly when it comes to the waste that we produce. Each student at GETSS plays a part in this by using the correct bins and bringing their food waste home. Everyone must do their part to look after the school, keep it tidy and treat it with respect. Remember we are sharing the space with lots of other teachers and students.

YOUR RECYCLING LIST!

Rigid Plastic



Tins and Cans

Clean,
Dry and
Loose



Paper and Cardboard



GALWAY
EDUCATE TOGETHER SECONDARY SCHOOL

Paper Recycling Point



1850 22 44 88

www.walshwaste.com



Permit no: NWCPO-08-03504-03

You will see
informative
posters and
recycling bins like
these all around
our school.

Rūpes par mūsu skolu



Mēs, GETSS, stingri ticam, ka ir jārikojas atbildīgi attiecībā uz radītajiem atkritumiem. Katrs GETSS skolēns piedalās šajā procesā, izmantojot pareizās atkritumu tvertnes un nogādājot pārtikas atkritumus mājās. Ikvienam ir jāveic savs darbs, lai rūpētos par skolu, uzturētu to tīru un izturētos pret to ar cieņu. Atcerieties, ka mēs dalāmies telpā ar daudziem citiem skolotājiem un skolēniem.

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Visapkārt mūsu skolai jūs redzēsiet informatīvus plakātus un atkritumu šķirošanas konteinerus, piemēram, šos.

Looking After Our School

Single Use Plastic



The Green Team is a group of students who help us all be more environmentally conscious. They have introduced a policy to make GETSS single-use plastic free. This means that our students and teachers do not bring plastic items that are not reusable to school, such as straws, cling-film and disposable cutlery, disposable plastic bottles and disposable cups. Instead, we encourage our students to bring reusable bottles and lunchboxes and avoid things like tinfoil and plastic bottles.



Rūpes par mūsu skolu



Vienreizlietojama plastmasa

Zaļā komanda ir skolēnu grupa, kas palīdz mums visiem būt videi apzinīgākiem. Viņi ir ieviesuši politiku, lai padarītu GETSS vienreizlietojamo plastmasu brīvu. Tas nozīmē, ka mūsu skolēni un skolotāji skolā nenes līdzīgu plastmasas priekšmetus, kas nav atkārtoti lietojami, piemēram, salmiņus, pārtikas plēvi un vienreizējās lietošanas galda piederumus, vienreizējās lietošanas plastmasas pudeles un vienreizējās lietošanas krūzes. Tā vietā mēs mudinām savus skolēnus ņemt līdzīgu atkārtoti lietojamās pudeles un pusdienu kastītes, kā arī izvairīties no tādām lietām kā folija un plastmasas pudeles.



Looking After Our School Eating Healthily



At GETSS we believe that healthy packed lunch can make a valuable contribution to your diet and **future health** as well as your learning.

We are a **water-only school**, students are encouraged to bring a refillable water bottle, as soft drinks, energy drinks, and other processed beverages are not part of our school day.

It is important to include a **balanced variety of foods** so that you can get **all the nutrients you need**. This will help you to concentrate better in class and keep your energy up throughout the day. We often pack the same things for lunch everyday but changing the content of your lunchbox will make it much more enjoyable! Here are some tips on keeping healthy during your time in secondary school:

- Eat plenty vegetables, salad and fruit - up to seven servings a day
- Limit intake of high fat, sugar, salty food and drinks
- Drink lots of water to keep you hydrated (no sugary/energy drinks, please!)
- Choose plenty of whole grains such as wholemeal cereals, breads, potatoes, pasta and rice.
- Choose lean meat, poultry and oily fish. Limit processed salty meats such as sausages, bacon and ham.
- Include eggs, beans and nuts throughout the week.
- Portion size matters: Use the food pyramid as a guide for serving sizes.
- Keep active

Rūpes par mūsu skolu

Veselīga ēšana



GETSS mēs ticam, ka veselīgas pusdienas līdzņemšanai var sniegt vērtīgu ieguldījumu jūsu uzturā un turpmākajā veselībā, kā arī mācībās.

Mūsu skolā tiek piedāvāts tikai ūdens, tāpēc skolēni tiek aicināti ņemt līdzī uzpildāmu ūdens pudeli, jo bezalkoholiskie dzērieni, enerģijas dzērieni un citi pārstrādāti dzērieni nav mūsu skolas dienas sastāvdaļa.

Ir svarīgi iekļaut sabalansētu un daudzveidīgu pārtiku, lai jūs varētu uzņemt visas nepieciešamās uzturvielas. Tas palīdzēs jums labāk koncentrēties stundās un uzturēt enerģiju visas dienas garumā. Mēs bieži vien katru dienu pusdienās iesaiņojam vienus un tos pašus produktus, taču pusdienu kastes saturs mainās padarīs tās daudz patīkamākas! Šeit ir daži padomi, kā saglabāt veselību vidusskolas laikā:

- Ēdiet daudz dārzeņu, salātu un augļu – līdz septiņām porcijām dienā
- Ierobežojiet sāļo, sāļu un tauku saturošu ēdienu uzņemšanu
- Dzeriet daudz ūdens, lai uzturētu hidratāciju (lūdzu, nedzeriet saldinātus/enerģijas dzērienus!).
- Izvēlieties daudz pilngraudu produktu, piemēram, pilngraudu pārslas, maizi, kartupeļus, makaronus un rīsus.
- Izvēlieties liesu gaļu, mājputnu gaļu un treknas zivis. Ierobežojiet pārstrādātas sāļās gaļas, piemēram, desu, bekona un šķiņķa, patēriņu.
- Visas nedēļas garumā iekļaujiet olas, pupiņas un riekstus.
- Porcijas lielums ir svarīgs: izmantojiet pārtikas piramīdu kā vadlīniju porciju lieluma noteikšanai.
- Esiet aktīvs

Student Voice



Educate Together schools are democratic and inclusive in nature. This means that students are presented with opportunities to participate and influence many aspects of school life in Galway ETSS. Students who are actively involved in decisions about their lives are more likely to become successful learners, confident individuals and responsible citizens.

In Galway ETSS students are empowered to engage in decision-making; they can be members of the Student Council, the Green Team and other working groups. Students will not only share their opinions and suggestions on issues that affect them, but they will share their voice by collaborating in decision-making with teachers and adults to improve educational outcomes. You may be given the chance to vote on which novel you would like to study for English when you begin first year, for example. You will be given many opportunities to vote on different learning options, activities and preferences throughout your time at GETSS.



Studentu balss



“Educate Together” skolas pēc savas būtības ir demokrātiskas un iekļaujošas. Tas nozīmē, ka skolēniem tiek dotas iespējas piedalīties un ietekmēt daudzus skolas dzīves aspektus Golvejas ETSS. Skolēni, kuri aktīvi iesaistās lēmumu pieņemšanā par savu dzīvi, biežāk kļūst par veiksmīgiem skolēniem, pārliecinātiem indivīdiem un atbildīgiem pilsoņiem.

Golvejā ETSS studentiem ir tiesības iesaistīties lēmumu pieņemšanā; viņi var būt Studentu padomes, Zaļās komandas un citu darba grupu locekļi. Studenti ne tikai dalīsies savos viedokļos un ieteikumos par jautājumiem, kas viņus skar, bet arī paudīs savu viedokli, sadarbojoties lēmumu pieņemšanā ar skolotājiem un pieaugušajiem, lai uzlabotu izglītības rezultātus. Piemēram, uzsākot pirmo studiju gadu, jums var tikt dota iespēja balsot par to, kuru romānu vēlaties apgūt angļu valodā. GETSS laikā jums tiks dotas daudzas iespējas balsot par dažādām mācību iespējām, aktivitātēm un vēlmēm.



House System & Points



Houses

To help promote a sense of community across all year groups, students will be divided into 6 different houses. This means you will be placed in either the Red, Green, Yellow, Purple, Blue or Orange house with students from other year groups. You will find out which colour house you are placed in during your induction.

Just like in Harry Potter, students can earn house points for their house. Every term, all the house points are added up and the winning house will be rewarded for their efforts at the end of the school year.

How do I earn house points?

There are lots of different ways to earn points for your house. All staff members have tokens which they can award to students (1 token = 1 house point). You can earn a token, for effort, improvement, a good attitude, teamwork, inclusion, kindness, helpfulness, positivity, respect or Random Acts of Kindness. If you receive a token from a staff member, you then place it in the jar that represents your house colour. These jars are on display at the bottom of the stairs near the GP area.



Māju sistēma un punkti



Mājas

Lai veicinātu kopības sajūtu visās klašu grupās, skolēni tiks sadalīti 6 dažādās mājās. Tas nozīmē, ka jūs tiksiet ievietoti sarkanajā, zaļajā, dzeltenajā, violetajā, zilajā vai oranžajā mājā kopā ar citu klašu skolēniem. Jūs uzzināsiet, kuras krāsas mājā jūs ievietosiet ievadskolas laikā.

Tāpat kā Harijā Poterā, skolēni var nopelnīt mājas punktus par savu māju. Katru semestri visi mājas punkti tiek summēti, un uzvarētājmaija tiks apbalvota par savām pūlēm mācību gada beigās.

Kā es varu nopelnīt mājas punktus?

Ir daudz dažādu veidu, kā nopelnīt punktus savai mājai. Visiem darbiniekiem ir žetoni, ko viņi var piešķirt skolēniem (1 žetons = 1 mājas punkts). Jūs varat nopelnīt žetonu par piepūli, uzlabojumiem, labu attieksmi, komandas darbu, iekļaušanu, laipnību, izpalīdzību, pozitīvismu, cieņu vai nejaušiem laipnības aktiem. Ja saņemat žetonu no darbinieka, ievietojiet to burkā, kas atbilst jūsu mājas krāsai. Šīs burkas ir izliktas kāpņu apakšā netālu no ģimenes ārsta zonas.



What if..... ?????



I'm late

It is best to be on time for school every day. However, if it is unavoidable that you are late, you must buzz the intercom at the main front door and ask to be let into the school. You must then sign in at the office before you go to class using the tablet.



I forget my iPad

It is a good idea to pack your bag the night before school so that you don't forget your iPad. If you do forget your iPad, you must tell your teachers. The teacher may then tell you to go to the office and ask Georgina, the school secretary, if you can call home and ask for a parent/guardian to drop your iPad to the school. There may not always be someone available to drop your iPad to school if you forget it, so it is wise to always check that it is in your bag before you leave for school.



I feel sick

It isn't nice to feel unwell, especially at school. If you do become unwell at school, you should tell a staff member. We will make sure that we do all we can to make you feel better. There is a first aid kit and water available in the school office if required.



Kas būtu, ja... ?????



Es kavēju

Vislabāk katru dienu ierasties skolā laikā. Tomēr, ja nokavēšana nav novēršama, jānospiež domofona signāls pie galvenajām ieejas durvīm un jāpalūdz ielaist skolā. Pēc tam pirms došanās uz nodarbībām, izmantojot planšetdatoru, jāpiesakās birojā.



Es aizmirsu savu iPad

Ieteicams iesaiņot somu iepriekšējā vakarā pirms skolas, lai neaizmirstu savu iPad. Ja aizmirstat savu iPad, jums tas jāpaziņo skolotājiem. Skolotājs var ieteikt doties uz biroju un pajautāt skolas sekretārei Džordžīnai, vai varat piezvanīt uz mājām un palūgt vecākiem/aizbildņiem, lai viņi nogādā jūsu iPad skolā. Ne vienmēr ir kāds, kas var nogādāt jūsu iPad skolā, ja to aizmirstat, tāpēc pirms došanās uz skolu vienmēr ir ieteicams pārbaudīt, vai tas ir jūsu somā.



Man ir slikta dūša

Nav patīkami justies slikti, it īpaši skolā. Ja skolā kļūstat slikti, jums par to jāpastāsta darbiniekam. Mēs darīsim visu iespējamo, lai jūs justos labāk. Skolas birojā ir pieejama pirmās palīdzības aptieciņa un ūdens, ja nepieciešams.



What if..... ?????



I don't understand something in class

You will be learning lots of new things in secondary school and there might be times where you don't understand something in class. This can happen to a lot of new students but your teachers and SSAs are there to help. It is perfectly ok to ask questions when needed. You can put up your hand in class, post a question on teams or even ask a classmate to explain something to you if you are confused.



My iPad battery is dead

It is important to stay organised and charge your iPad every night to make sure you are ready for school the next day. If there is a day where you have forgotten to charge your iPad fully and the battery dies while at school, you can ask a teacher if you can plug it in to charge in the classroom. If you don't have a charger, a teacher may be able to let you borrow one temporarily. It's important to get into the habit of charging it at home though and avoid having your iPad battery die while at school as the charging sockets are not located near the desks. This means you will be without your iPad while it charges and you may be unable to do your school work properly.



Kas būtu, ja... ?????



Es kaut ko nesaprotu stundā

Vidusskolā tu apgūsi daudz jauna, un var gadīties, ka stundā kaut ko nesapratīsi. Tas var notikt ar daudziem jaunajiem skolēniem, taču tavi skolotāji un vidusskolas absolventi ir klāt, lai palīdzētu. Ir pilnīgi pareizi uzdot jautājumus, kad tas nepieciešams. Tu vari pacelt roku stundā, uzdot jautājumu komandās vai pat lūgt klasesbiedram kaut ko paskaidrot, ja esi apmulsis.



Mana iPad baterija ir izlādējusies

Ir svarīgi saglabāt organizētību un katru vakaru uzlādēt savu iPad, lai nākamajā dienā būtu gatavs skolai. Ja ir diena, kad esat aizmirsis pilnībā uzlādēt savu iPad un akumulators izlādējas skolas laikā, varat pajautāt skolotājam, vai varat to pieslēgt uzlādei klasē. Ja jums nav lādētāja, skolotājs var jums to uz laiku aizņemt. Tomēr ir svarīgi pieradināt to uzlādēt mājās un izvairīties no iPad akumulatora izlādes skolas laikā, jo uzlādes līdzi neatrodas pie galdiem. Tas nozīmē, ka uzlādes laikā jums nebūs sava iPad, un, iespējams, nevarēsiet pareizi veikt skolas uzdevumus.



What if..... ?????



I am upset

We all go through a range of feelings and emotions in one day, this is perfectly normal. If you are feeling upset, speaking to a teacher, your friends and/or family can be helpful. At GETSS, we have a whole host of people who are trained to help and support you if you are feeling upset at school. You can come to any of the staff, at any time, if you need help or would like to talk about something that is worrying you. If you are unsure about who to speak to, you should start by talking to your Tutor.



I can't find my classroom

Starting in a new school can be daunting and you may be unsure of where all the classrooms are at the very beginning. If you get lost on the school grounds and can't find your classroom, there are lots of people you can ask for help. Any teacher or another student from second/third year who are more familiar with the school layout will be happy to show you where to go. If you can't find anyone to ask, you can always look at the map in this transition booklet to see where you should go. It is a good idea to keep a copy of this booklet in your bag so you always have a map to hand.



Kas būtu, ja... ?????



Esmu satraukts

Mēs visi vienas dienas laikā piedzīvojam dažādas sajūtas un emocijas, tas ir pilnīgi normāli. Ja jūtaties satraukts, var palīdzēt saruna ar skolotāju, draugiem un/vai ģimeni. GETSS strādā daudz cilvēku, kas ir apmācīti palīdzēt un atbalstīt jūs, ja skolā jūtaties satraukts. Jūs varat vērsties pie jebkura darbinieka jebkurā laikā, ja jums nepieciešama palīdzība vai vēlaties pārrunāt kaut ko, kas jūs satrauc. Ja neesat pārlicināts, ar ko runāt, sāciet ar sarunu ar savu pasniedzēju.



Es nevaru atrast savu klasi

Sākt mācīties jaunā skolā var būt biedējoši, un pašā sākumā jūs, iespējams, neesat pārlicināts, kur atrodas visas klases. Ja apmaldāties skolas teritorijā un nevarat atrast savu klasi, ir daudz cilvēku, kuriem varat lūgt palīdzību. Jebkurš skolotājs vai cits otrā/trešā kursa skolēns, kurš labāk pārzina skolas plānojumu, labprāt parādīs, kurp doties. Ja nevarat atrast nevienu, kam pajautāt, vienmēr varat ieskatīties kartē šajā pārejas bukletā, lai redzētu, kurp jums jāiet. Ieteicams šīs bukleta kopiju turēt somā, lai jums vienmēr būtu pa rokai karte.



What if..... ?????



I need to make a phone call

Mobile phones are not allowed to be used at GETSS. You are allowed to have your phone with you, but it must be switched off at all times when you are at school. Sometimes you may need to make a phone call to a parent/guardian and in this case, you should come to the school office and ask if you can make a call. It is not permitted to turn on your mobile phone to make a call during school hours. If you are on your phone in the school building, it will be confiscated.



I need a movement break

Each of our classes at GETSS run for 1 hour. This might feel like a long time to sit in one place compared to primary school. Many teachers will plan for a stretch break at different points in their class to allow students to stretch and move. This will help you to concentrate better in class after some movement. If you need to take movement breaks more regularly, you should speak to your Tutor or ask a parent or guardian to contact Katriona Woods, teacher who will be able to help.



Kas būtu, ja... ?????



Man ir jāveic telefona zvans

Mobilo tālrunu lietošana GETSS skolā nav atļauta. Tālruni drīkst ņemt līdzi, taču tam jābūt izslēgtam visu laiku, kad atrodaties skolā. Dažreiz jums var būt nepieciešams piezvanīt vecākam/aizbildnim, un šādā gadījumā jums jāierodas skolas birojā un jājautā, vai varat veikt zvanu. Skolas laikā nav atļauts ieslēgt mobilo tālruni, lai veiktu zvanu. Ja atrodaties pa tālruni skolas ēkā, tas tiks konfiscēts.



Man vajag kustību pārtraukumu

Katra nodarbība GETSS ilgst 1 stundu. Salīdzinot ar pamatskolu, sēdēšana vienā vietā var šķist ilgs laiks. Daudzi skolotāji ieplāno stiepšanās pārtraukumus dažādās klases vietās, lai skolēni varētu izstaipīties un izkustēties. Tas palīdzēs jums labāk koncentrēties stundā pēc kustības. Ja jums regulārāk nepieciešami kustību pārtraukumi, jums jākonsultējas ar savu pasniedzēju vai jālūdz vecākiem vai aizbildņiem sazināties ar skolotāju Katrionu Vudsu, kura varēs palīdzēt.



What if..... ??????



I forget my lunch

Eating a lunch is very important when you are in secondary school. Not only will it stop you from being hungry but it will provide you with the energy you need for the day. Just like your iPad, it is a good idea to check and see if you have put your lunch in your bag before you leave for school. On the rare incident that you may have forgotten to bring your lunch, you should go to the school office and speak to Noreen or tell one of your teachers.



Kas būtu, ja... ?????



Es aizmirsu savas pusdienas






Pusdienu paēšana ir ļoti svarīga, mācoties vidusskolā. Tas ne tikai palīdzēs izvairīties no izsalkuma sajūtas, bet arī sniegs enerģiju visai dienai. Tāpat kā ar iPad, pirms došanās uz skolu ir ieteicams pārbaudīt, vai esat ielicis pusdienas somā. Retā gadījumā, ja esat aizmirsis paņemt līdzī pusdienas, jums jādodas uz skolas administrāciju un jārunā ar Norīnu vai jāpastāsta kādam no skolotājiem.



Preparing for secondary








How to prepare for secondary school over the summer holidays

-  We hope this transition booklet will have given you a better idea of what to expect before you start at Galway Educate Together Secondary School. There are lots of ways to prepare for post primary school over the summer holidays in addition to the information we have provided here.
-  Familiarise yourself with the school map and practice locating certain classrooms on it. For example, you might plan out which route you could take to get from Learning Space 3 (LS10) to the Art room.
-  Review the sample timetable in this booklet to make sure you understand how to read it. Look for the room number, teacher's name and subject.
-  Practice packing your school bag. This might involve reading a sample day from the timetable and packing everything that you would need for your classes that day e.g. Hi-Vis jacket for PE, Geography copy, fully charged iPad etc.
-  Get your equipment prepared - make sure to have all the required equipment ready before you come to secondary school e.g. pens, pencils etc.

Gatavošanās sekundārajai izglītībai







Kā sagatavoties vidusskolas beigšanai vasaras brīvlaikā

-  Mēs ceram, ka šī pārejas brošūra ir sniegusi jums labāku priekšstatu par to, kas sagaidāms pirms mācību uzsākšanas Galway Educate Together vidusskolā. Papildus šeit sniegtajai informācijai ir daudz veidu, kā sagatavoties pēcpamatskolas beigšanai vasaras brīvlaikā.
-  Iepazīstieties ar skolas karti un praktizējiet noteiktu klašu atrašanās vietu uz tās. Piemēram, jūs varētu izplānot, pa kuru maršrutu jūs varētu nokļūt no 3. mācību telpas (LS10) līdz mākslas kabinetam.
-  Pārskatiet parauga stundu sarakstu šajā brošūrā, lai pārlicinātos, ka saprotat, kā to lasīt. Meklējiet telpas numuru, skolotāja vārdu un priekšmetu.
-  Praktizējieties skolas somas iesaiņošanu. Tas varētu ietvert parauga dienas izlasīšanu no stundu saraksta un visa nepieciešamā iesaiņošanu tajā dienā nodarbībām, piemēram, atstarojošu jaku sporta stundām, ģeogrāfijas eksāmena uzdevumu, pilnībā uzlādētu iPad utt.
-  Sagatavojiet savu aprīkojumu – pārlicinieties, ka pirms ierašanās vidusskolā ir sagatavots viss nepieciešamais aprīkojums, piemēram, pildspalvas, zīmuļi utt.

Preparing for secondary







How to prepare for secondary school over the summer holidays

-  Get in the habit of charging your iPad every evening. The more you practice this habit, the less likely you are to forget to do it when you start secondary school. Make it as regular as brushing your teeth!
-  Take time looking through the apps on your iPad. It might be a while before you fully understand how every app works but it is a good idea to get a head start by browsing through them before you start post primary school.
-  Practice reading the time (digital or analogue). In secondary school, it is important to know the time so you are able to read your timetable and arrive/leave class when you need to. There will be a clock in every classroom and a digital clock will be on your iPad. You may choose to wear your own watch too.
-  Have a look at our social media pages to get a feel for what school is like at GETSS. You will see lots of examples of all the hard work and fun activities our students do each year.

Gatavošanās sekundārajai



Kā sagatavoties vidusskolas beigšanai vasaras brīvlaikā

-  Ieradiniet katru vakaru uzlādēt savu iPad. Jo vairāk jūs praktizēsiet šo ieradumu, jo mazāka iespēja, ka aizmirsīsiet to izdarīt, sākot iet vidusskolā. Padari to tikpat regulāru kā zobu tīrīšanu!
-  Veltiet laiku, lai pārskatītu lietotnes savā iPad ierīcē. Var paiet zināms laiks, līdz pilnībā sapratīsiet, kā darbojas katra lietotne, taču ir ieteicams sākt, pārlūkojot tās pirms sākat mācības pēc pamatskolas beigšanas.
-  Praktizējieties laika nolasīšanā (digitālā vai analogā). Vidusskolā ir svarīgi zināt laiku, lai jūs varētu izlasīt savu stundu sarakstu un ierasties/izejot no stundām, kad tas ir nepieciešams. Katrā klasē būs pulkstenis, un jūsu iPad būs digitālais pulkstenis. Varat izvēlēties arī nēsāt savu pulksteni.
-  Apskatiet mūsu sociālo mediju lapas, lai gūtu priekšstatu par to, kāda ir skola GETSS. Jūs redzēsiet daudz piemēru par visu smago darbu un jautrām aktivitātēm, ko mūsu skolēni veic katru gadu.

Top tips from students!

Put a copy of
your timetable on
your bedroom wall

Don't be afraid
to ask for help if
you need it.

Make a home
learning schedule
to stay on track

Be respectful to
everyone and try
your best

Get a good
night's sleep
every night

Make sure you
fully charge your
iPad every night

Don't rush when
picking your
option subjects

Write important
notes and dates
in your journal.

Don't stress and
try to make as
many friends as
possible.

Try to earn
as many
house points
as you can

Labākie padomi no studentiem!

Izveidojiet
mājmācības grafiku,
lai neatpaliktu no
grafika

Pielieciet sava
stundu saraksta
kopiju pie
guļamistabas
sienas

Nebaidieties lūgt
palīdzību, ja jums
tā ir
nepieciešama.

Esiet cieņpilns pret
visiem un dariet
visu iespējamo

Katru nakti
labi izgulieties

Katru nakti
pārlicinieties,
ka iPad ir pilnībā
uzlādēts

Nesteidzieties,
izvēloties
izvēles
priekšmetus

Pierakstiet svarīgas
piezīmes un datumus
savā dienasgrāmatā.

Neuztraucieties
un mēģiniet
iegūt pēc iespējas
vairāk draugu.

Centieties
nopelnīt pēc
iespējas
vairāk mājas
punktu